

COMMUNITY ENRICHMENT

Whether you want to explore a new activity or learn a new hobby, MCC has something for everyone:

PERSONAL DEVELOPMENT
KIDS AND COLLEGE
CAREER SPARK CENTER



Pasta Making Classes
Page 6

To register, visit www.mchenry.edu/personaldevelopment or call (815) 455-8588

COMMUNITY ENRICHMENT INSTRUCTOR HIGHLIGHTS



ASL WITH RUTH READY

Ruth Ready has been a teacher of the deaf and hard of hearing since 1995. She has taught children of all ages in Hawaii, at Chicago Public Schools, and the Wisconsin School for the Deaf in Delavan. She holds Bilingual-Bicultural Certification from Gallaudet University in Washington, D.C. Ruth is passionate about the field of Deaf education and loves to share her knowledge of American Sign Language, Deaf culture, and history. She currently resides in Harvard with her husband, daughter, and three spoiled cats.

Language classes: Page 15



FINE ARTS WITH EFRAIN GONZALEZ

Efrain holds a Bachelor of Fine Arts (BFA) from the College for Creative Studies in Detroit and a Master of Arts in Teaching from Aurora University/George Williams College. He believes that while he has a natural talent for drawing, most people can learn the skill with desire, instruction, and persistence. He truly enjoys working with students (from youth through adults) and watching them grow creatively through drawing, painting, or sculpting.

Fine Art classes: Pages 9–11



PHOTOGRAPHY WITH PAUL LEVAN

Paul is a commercial and lifestyle photographer and editor with over 15 years of experience working with major brands and publications. He specializes in delivering high-quality, captivating visuals that tell stories. His expertise extends beyond the lens, as he designs and styles sets and implements creative solutions for small businesses to increase output and brand consistency. Paul holds a Bachelor of Arts in photography from DePaul University. He enjoys helping others find their passion for photography, no matter their level of expertise.

Photography classes: Page 17

» PERSONAL DEVELOPMENT

The following classes are offered through in-person, remote (Zoom), or online instruction. Registered participants will receive location or access information by email within 24-hours before a class begins. Classes are available to anyone aged 16 and older, unless otherwise indicated. For updated class offerings, refund policy, or to register, visit www.mchenry.edu/personaldevelopment or call (815) 455-8588.

KEY

Online Class:  Homesteading Class: 

Senior Interest: 

Main Campus: 8900 US Hwy 14, Crystal Lake, IL

Catalyst Campus: 222 E Church St, Woodstock, IL

CAREER EXPLORATION

Intro To Voiceovers

Explore the fun, rewarding possibilities of the voiceover industry! Discover current trends and how they make it easy and affordable for just about anyone to get involved. You'll learn about different types of voiceovers and tools you'll need to find success. Your instructor, a professional voice actor from Voices For All, will take notes as you read a real script in this one-on-one video chat setting, and offer some coaching to improve your delivery. You'll receive a professional voiceover evaluation later. One-time, 90-minute, introductory class. Your instructor will contact you to establish a class date and time. Must be age 18 or older.

Fee: \$49

Alicia Midgley

[12632](#)

10/1–12/23

1.5 Hours

Remote

Explore a Career as an Administrative Medical Assistant

There's never been a better time to explore a career in healthcare! This online course will give you an overview of the job duties and scope of practice for clinical medical assistants. You'll learn about the different types of medical records and how to enhance the overall patient experience; receive an introduction to charting patient complaints; and discover how to create progress notes and collect medical history.

Fee: \$154

[12411](#)

10/15–12/5

24 Hours

Online

[12412](#)

11/12–1/2

24 Hours

Online

[12413](#)

12/17–2/6

24 Hours

Online

Explore a Career in Cybersecurity

Getting into cybersecurity can be rewarding and lucrative! In fact, according to the U.S. Bureau of Labor Statistics, information security analysts can make over \$100,000 per year. This course will give you the knowledge to help you decide whether a career in cybersecurity is right for you.

Fee: \$144

[12414](#)

10/15–12/5

24 Hours

Online

[12415](#)

11/12–1/2

24 Hours

Online

[12416](#)

12/17–2/6

24 Hours

Online

ANIMALS AND PETS

Make Extra Cash Pet Sitting (after school/work)

Do you love animals, especially dogs? Learn how to make extra money after school or work by watching dogs or other pets, usually in the pet's home. You'll learn about feeding, watering, and exercising pets; how to make a good impression and what questions to ask when interviewing for a pet sitting job; and what to do when a dog has behavioral issues. You will also discover other services you can offer to make more money, such as dog walking, grooming, puppy training, etc. Informative handouts for future use are included in class fee. This class is taught by a seasoned professional pet sitter and a longtime entrepreneur. The webinar login information will be emailed the day before class. Ages 12+

Fee: \$35

LeeAnne Krusemark

[12497](#)

W

10/1

6–8 p.m.

Remote

NEW! Raising Backyard Chickens

Learn the basics of raising poultry on a small scale. We'll cover how to raise laying hens, ducks, and turkeys, and discuss the best breeds for egg production and temperament. Other topics will include housing options (including the pros and cons of free-ranging), flock enrichment, feed rations, and brooding. You'll also learn where to purchase day-old chicks or pullets, get an introduction to basic flock health, and review relevant local regulations.

Fee: \$25

Emily Akin

[11867](#)

T

11/11

6–8 p.m.

Main Campus

Explore a Career in Medical Transcription

Learn how to transcribe the most common medical reports used in both inpatient and outpatient settings. This course contains a grammar review as well as important clinical knowledge of major disease processes, both of which are essential skills you'll need as a medical documentation specialist.

Fee: \$154

# 12417	10/15–12/5	24 Hours	Online
# 12418	11/12–1/2	24 Hours	Online
# 12419	12/17–2/6	24 Hours	Online

Explore a Career in Nursing

Discover what it takes to enter the rewarding field of nursing. You'll also learn about the different types of nursing, various specialties, and the benefits of additional education.

Fee: \$154

# 12511	10/15–12/5	24 Hours	Online
# 12512	11/12–1/2	24 Hours	Online
# 12513	12/17–2/6	24 Hours	Online

CRAFTS AND HOBBIES

Beginning Crochet

Discover the joy of crochet in this beginner-friendly class. Learn the fundamentals, including how to hold your yarn and hook, create a chain stitch, and work single and double crochet stitches. You'll also make a simple project to practice your new skills.

No experience is necessary—just bring your enthusiasm and a willingness to learn! In each session, the instructor will guide you through a new project and provide you with all the information and materials needed for the class. Please bring a folder, paper, and writing utensil to class.

Fee: \$109

Adonia Fulk

# 12655	T	10/7–10/28	6–8 p.m.	Main Campus
# 12656	T	11/11–12/2	6–8 p.m.	Main Campus

NEW! Crochet Beyond the Basics

This class expands your crochet skills beyond the fundamentals, introducing a wider range of stitches and techniques to help create more intricate projects. You'll explore creative crochet methods and exciting patterns that will open up new possibilities in your crafting journey. In each session, the instructor will guide you through a new project and provide all the necessary details and information. Please bring a folder, paper, and writing utensil to class.

Fee: \$109

Adonia Fulk

# 12659	Th	10/9–10/30	6–8 p.m.	Main Campus
# 12660	Th	11/13–12/11	6–8 p.m.	Main Campus

Fused Glass Workshop

Through a series of jewelry/ornament projects, you'll learn how to fire glass in a kiln to create one-of-a-kind art pieces. We'll cover characteristics of fused glass materials, assembling techniques, and firing guidelines as you design and fashion several personal pieces. No glass-crafting experience necessary; tools will be provided. Supply costs range from \$15–\$42 and are not included in the course fee, but will be available on site. All classes will be held at Material Things Artisan Market, 103 E. Van Buren St., Woodstock. Ages 12+

Fee: \$53

Material Things Artisan Market

# 12442	Su	10/12, 10/19	1–4 p.m.
# 12443	Su	11/16, 11/23	1–4 p.m.

Fused Glass Votives and Photo Frames

Learn how to make draped fused-glass votives and photo frames in this hands-on, one-day class. You will have time to make two projects. Projects will be fired the following week and ready for pickup at Material Things. Some fusing experience is preferred, but not required. Supply costs range from \$15–\$42 and are not included in the course fee, but will be available on site. All classes will be held at Material Things Artisan Market, 103 E. Van Buren St., Woodstock. Ages 12+

Fee: \$29

Material Things Artisan Market

# 12444	Sa	10/18	1–4 p.m.
# 12445	Sa	11/15	1–4 p.m.

Fused Glass Holiday Ornament Workshop

In this one-session class, you'll have time to make a minimum of six fused-glass ornaments suitable for hanging on a tree or in a window. There will be over a half dozen seasonal designs to choose from. Supply costs are not included in course fee, but will be available on site and will range from \$10–\$40 depending on the number of ornaments you choose to make. Finished ornaments will be fired the week after the class date and then available for pickup.

Fee: \$22

Material Things Artisan Market

# 12446	Sa	10/25	1–4 p.m.
# 12447	Sa	11/1	1–4 p.m.
# 12448	Sa	11/8	1–4 p.m.
# 12449	W	11/19	7–10 p.m.
# 12450	Sa	11/29	1–4 p.m.
# 12451	Su	11/30	1–4 p.m.
# 12452	Su	12/7	1–4 p.m.
# 12462	W	12/10	7–10 p.m.
# 12463	Su	12/14	1–4 p.m.





Quilting for Beginners

This class is designed especially for the beginning quilter. Each lesson will take you step-by-step through the quilt-making process as you create a lovely 30 1/2 x 30 1/2 wall hanging quilt. Learn how to read a pattern, use a rotary cutter, and piece accurate seams. Supplies, fabric, notions, and patterns are not included in the class fee, but are available for purchase at the first class. A supply list will be provided prior to the class. Your costs will vary based on fabrics and supplies chosen. Each student receives a 15% discount on supplies purchased at Sewing Concepts. Sewing machines will be provided and students must have basic sewing skills. Sewing Concepts is located on the square in downtown Woodstock.

Fee: \$99 Sewing Concepts
 # [12074](#) M 11/17–12/15 6–8:30 p.m.

Machine Sewing for Beginners

Join us for a hands-on sewing adventure! Start by getting comfortable with sewing machine functions and essential tools, with plenty of time to practice your stitching. Then, put your new skills to work by creating three practical fall-themed or holiday-themed projects. The first project is a reversible bread basket liner, which is great for keeping your bread warm while adding a charming touch to your table. Next, you'll make a pretty fabric basket that is adorned with buttons that can be used as a decor element in any area of the home. Finally, you'll make a hot/cold pack that is perfect for soothing bumps, bruises, headaches, and tired eyes. This is a beginner level course with no experience necessary. All supplies are included, and sewing machines will be provided for use.

Fee: \$149 Brit Conley
 # [12726](#) Th 10/2–10/16 6–9 p.m. Catalyst Campus
 # [12727](#) Th 12/4–12/18 6–9 p.m. Catalyst Campus

NEW! Machine Sewing: Fall Kitchen Decor

Join us for a hands-on sewing adventure! Create three practical, fall-themed kitchen decor items that you will love showing off to family and friends. You'll make a reversible bread basket liner, a dressed-up tea towel, and a pair of pot holders. This is a beginner-level course, though basic familiarity with sewing machines and common sewing terms is expected. All supplies are included, and sewing machines will be provided for use.

Fee: \$149 Brit Conley
 # [12728](#) Sa 11/1–11/15 9:30 a.m.–12:30 p.m. Catalyst Campus

NEW! One-Day Sewing Project: Holiday Wine Bottle Gift Bags

Enjoy sewing a beautiful holiday wine bottle gift bag that's sure to impress your friends and family! You'll be guided step by step through the process of creating this festive project. This is a beginner-level course, though basic familiarity with sewing machines and common sewing terms is expected. These bags are fun and easy to make—you'll want to make them again and again! All supplies are included and sewing machines will be provided.

Fee: \$60 Brit Conley
 # [12741](#) W 11/12 6–9 p.m. Catalyst Campus
 # [12742](#) T 12/2 6–9 p.m. Catalyst Campus

NEW! Making Cards with Mallory

Create beautiful, handcrafted cards to share with someone special in your life. Learn how to cut, stamp, and lay out the perfect card. Students will create 3-4 cards, depending on style.

Fee: \$20 Mallory McBride

NEW! Holiday Cards

[11794](#) Th 11/20 6–8 p.m. Catalyst Campus

NEW! Sympathy Cards

[11793](#) Th 10/23 6–8 p.m. Catalyst Campus

NEW! Winter Themed Cards

[11795](#) Th 12/4 6–8 p.m. Catalyst Campus

NEW! Needle-Felted Creations

Spruce up your home décor by creating your own needle-felted creation. You'll learn the basics of needle felting by using wool and a felting needle to create your project. All supplies included.

Fee: \$39 Rebecca Berry

NEW! Needle-Felted Mini Pumpkins

[12408](#) M 10/13 6–8:30 p.m. Catalyst Campus

NEW! Needle-Felted Owls

[12409](#) M 11/3 6–8:30 p.m. Catalyst Campus

NEW! Needle-Felted Polar Bears

[12410](#) M 12/8 6–8:30 p.m. Catalyst Campus



Introduction to Digital Scrapbooking

Learn to use digital editing techniques to show off your photos and memorabilia. Using Photoshop Elements, this course will teach you how to make the most of your scrapbooking talents and artistic ideas by combining traditional and digital scrapbooking. Starting with simple projects, you'll quickly learn how to build pages, use artistic journaling, and produce sophisticated illusions.

Fee: \$129

# 12539	10/15–12/5	24 Hours	Online
# 12540	11/12–1/2	24 Hours	Online
# 12541	12/17–2/6	24 Hours	Online

CULINARY



About the Pasta Bar

At PastaBar, we take pride in our artisanal approach to pasta. We craft everything in-house, from extruded pastas to hand-cut varieties, meal kits, and sauces, with an unwavering commitment to

quality. Every ingredient is rigorously vetted, ensuring that our creations not only meet but exceed the highest standards of authenticity and flavor.

We make our pasta by hand in McHenry, IL, using bronze dies for that signature rough texture that holds sauce the way it should. Our semolina is non-GMO, no-spray, and imported from Italy's Paolo Mariani mill, paired with organic durum wheat from Janie's Mill in Central Illinois. You can find us at local farmers' markets and select specialty shops. We use no seed oils and take no shortcuts. Just real, traditional pasta and sauces made with a purpose.

Basic Pasta Making

Mario, Executive Chef and Owner of Pasta Bar, will show you how to make several different pasta shapes by hand and demonstrate the pasta extrusion process. Each student will go home with one pound of handmade egg pasta and one pound of extruded pasta. Additional Pasta Bar products will be available for review and purchase.

Fee: \$49

Pasta Bar

# 12901	M	10/20	6–8 p.m.
# 12902	M	10/27	6–8 p.m.
# 12903	M	11/10	6–8 p.m.
# 12904	M	11/17	6–8 p.m.
# 12731	W	11/19	6–8 p.m.

NEW! Advanced Pasta Making

Mario, Executive Chef and Owner of Pasta Bar, will show you how to make ravioli and agnolotti by hand as well as demonstrate the pasta extrusion process. Each student will go home with one pound of handmade egg pasta and one pound of extruded pasta. Additional Pasta Bar products will be available for review and purchase.

Fee: \$49

Pasta Bar

# 12732	W	12/17	6–8 p.m.
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Beer 411: History, Process, and Styles

McHenry County is home to a number of local breweries, including Kishwaukee Brewing in Woodstock. In this class, you'll explore the history of beer, learn why craft beers are so popular, discuss the process of creating beer, and discover different styles of craft beer. You'll also tour the brewery and learn about the brewing process, including safety, equipment, cleaning and sanitation, the purpose of the hot and cold side, and the importance of the right ingredients. A tasting of different styles is included. Must be age 21+.

Fee: \$25

Kishwaukee Brewing Co.

# 12429	T	11/4	5:30–7:30 p.m.
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NEW! Date Night: Knife Skills

Learn how to choose the right knives, care for them properly, and safely cut almost anything in the kitchen—without cutting yourself. This hands-on class focuses on essential knife techniques that make home cooking quicker, easier, and more enjoyable. Participants will prepare a boxed charcuterie and an apple galette, and assist with cleanup. Registration includes two people.

Fee: \$149

Joyce Lande

# 12698	F	10/10	6–8 p.m.	Main Campus
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NEW! Date Night: Let's Talk Tacos

Join Chef Stephen for a fun and flavorful evening learning how to make authentic tacos with your favorite person! You'll make tortillas from scratch, prepare a variety of fillings, and whip up both sweet and spicy salsas. Come hungry and enjoy discovering new techniques while preparing—and of course, devouring—delicious food. Registration includes two people.

Fee: \$149

Stephen Byrne

# 12661	F	10/17	6–9 p.m.	Main Campus
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NEW! Date Night: Flavorful Cajun Dishes

Bring your favorite person for a fun evening of cooking classic Cajun cuisine. Chef Joyce will guide you step by step through a delicious meal featuring jambalaya and other regional favorites. Come hungry and be ready to leave full! Registration includes two people.

Fee: \$149

Joyce Lande

# 12699	F	11/7	6–9 p.m.	Main Campus
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NEW! Date Night: Spain in the Kitchen

Join Chef Stephen for a fun evening learning to make Spanish paella and rosemary fast bread with your favorite person! Come hungry and enjoy discovering new techniques while preparing—and of course, devouring—delicious food. Registration includes two people.

Fee: \$149

Stephen Byrne

# 12662	F	11/21	6–9 p.m.	Main Campus
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NEW! Date Night: Traditional Indian Flavors

Learn the ins and outs of Indian spices and try your hand at cooking grains, making creamy chicken tikka masala and naan to soak up all the savory goodness. A traditional Indian dessert will be created, too. Registration includes two people.

Fee: \$149 Joyce Lande
[12909](#) F 12/5 6–9 p.m. Main Campus

NEW! Fun with Cookie Decorating: Farmhouse Holiday

Spend the evening learning how to make decorated sugar cookies. Lauren Daly of Tada Cookies will share basic tips for making dough and icing your cookies. She will show you different techniques to make your cookies the life of the party. You will receive six pre-baked themed cookies, icing, and sprinkles to decorate your own themed cookies. Please bring an apron and get ready to decorate!

Fee: \$39 Lauren Daly
[11766](#) T 12/9 6–8 p.m. Catalyst Campus

NEW! Fun with Cookie Decorating: Halloween

Spend the evening learning how to make decorated sugar cookies. Lauren Daly of Tada Cookies will share basic tips for making dough and icing your cookies. She will show you different techniques to make your cookies the life of the party. You will receive six pre-baked themed cookies, icing, and sprinkles to decorate your own themed cookies. Please bring an apron and get ready to decorate!

Fee: \$39 Lauren Daly
[11764](#) T 10/14 6–8 p.m. Catalyst Campus

NEW! Fun with Cookie Decorating: Turkey Time

Spend the evening learning how to make decorated sugar cookies. Lauren Daly of Tada Cookies will share basic tips for making dough and icing your cookies. She will show you different techniques to make your cookies the life of the party. You will receive six pre-baked themed cookies, icing, and sprinkles to decorate your own themed cookies. Please bring an apron and get ready to decorate!

Fee: \$39 Lauren Daly
[11765](#) T 11/18 6–8 p.m. Catalyst Campus

Medicinal Mushroom Tinctures

Using mushrooms, you'll learn how to make extractions, including single, double, and triple types. We'll cover fungus species such as Ganoderma's Reishi and Sissile and others such as Chaga, Cordyceps, and Polypores. Some species can be found in McHenry County, like Artist Conk, Turkey Tails, and Birch Polypore. You'll review how to grow your own medicinal mushrooms such as Reishi, Lion's Mane, and others. Our instructor's 30-year history in foraging also includes some roots, barks, and seeds like burdock, milk thistle, Oregon grape root, echinacea, and many others to incorporate into a tincture. A tasting of a dual tincture will be available, but not required!

Fee: \$39 Andy Andresky
[12092](#) Th 10/16 7–8:30 p.m. Main Campus



Tea 411: History. Blends. Taste.

Discover the world of tea with Casting Whimsy in Woodstock. We'll explore the history of tea and where it comes from, explain the process of drying and blending, discuss how specialty blends are selected and created, and share why Casting Whimsy uses only organic and fair-trade tea. A tasting of different tea blends is included.

Fee: \$25 Casting Whimsy Tea
[11786](#) Th 10/16 6–8 p.m.

Tea Blending: Create Your Own Blend

Experience the world of blending tea with Casting Whimsy in Woodstock. In this hands-on class, you will learn how tea is blended and then blend your own tea. Casting Whimsy uses only organic and fair-trade tea. A tasting is included.

Fee: \$25 Casting Whimsy Tea
[11787](#) Th 11/20 6–8 p.m.

NEW! Tea Tasting: Seasonal Winter Blends

Immerse yourself in the world of tea by learning where it comes from, how it's dried and blended, and which blends are best for the winter season. Enjoy a taste of the winter blends and see which one best suits you!

Fee: \$25 Casting Whimsy Tea
[11788](#) Th 12/18 6–8 p.m.

Luscious, Low-Fat, Lightning-Quick Meals

Have you ever wished you had a personal chef preparing luscious, low-fat meals for you? This course is the next best thing! You'll learn how to reduce fat in recipes without sacrificing flavor or texture. Explore how to use flavor profiling to expand your culinary horizons. Learn how to prepare casseroles, crock-pot dishes, vegan dishes, oven-fried foods, meat-based meals, and many other entrees that are both nutritious and delicious! You will discover tips for grocery shopping, menu planning, food preparation, and quicker cooking. You will have the chance to try out over 50 exciting and easy lowered-fat recipes.

Fee: \$140
[12521](#) 10/15–12/5 24 Hours Online
[12522](#) 11/12–1/2 24 Hours Online
[12523](#) 12/17–2/6 24 Hours Online

DANCE

Belly Dance Foundations: Shimmies and Sparkles

This beginning belly dance class is designed to teach students the basic skills necessary to develop the strength, posture, muscle awareness, and mind-body connection to learn the art of belly dancing! You will learn foundational movements that include isolations, basic steps, turns, shimmies, and arm positions. We will also focus on learning routines and choreography to a variety of songs.

Fee: \$99 Vintage Belly Dance
[12653](#) W 10/15–12/3 6–7:30 p.m. Main Campus

East Coast Swing Dancing for Beginners

Beginning swing dance is for people who have no swing dance experience. Students will learn the basic six-count step pattern and add a new, easy variation each class. There will be lots of time to practice and get help. When you finish this class, you should be able to dance to various swing dance songs and other popular music with relative ease and confidence. Swing dance is a partner dance in which one partner leads and the other follows. Sign up with a friend to learn this fun and healthy dance style. Price is per couple.

Fee: \$89 Mary Kanter
[11802](#) Th 10/16–11/13 7–8:30 p.m. Catalyst Campus

Country Line Dancing for Beginners 2

Get your hips swaying to popular country-western songs. With fast-paced steps, country line dancing is friendly to those learning the steps while giving others the chance to add advanced variations. You'll learn popular new dances such as Dizzy, Men in Black, Swamp Thing, DHSS, and many more. This easy-going class is perfect for anyone wanting to enjoy music, laughter, and fun. Some dance skills required. Soft-soled shoes only.

Fee: \$79 Kimberly Oda
[11801](#) M 10/27–12/1 7–8:30 p.m. Catalyst Campus

EDUCATION ESSENTIALS

Introduction to Algebra

This online math course integrates mathematics—specifically algebra—with many other areas of study, including history, biology, and geography. You will develop a rich understanding of math while studying algebra in a relaxed and supportive learning environment. The course emphasizes practical applications of your newly acquired algebraic skills, helping you develop mathematical reasoning in a real-world context. As a result, you will acquire a wide variety of basic math skills that will help you find solutions to almost any math problem.

Fee: \$150
[12530](#) 10/15–12/5 24 Hours Online
[12531](#) 11/12–1/2 24 Hours Online
[12532](#) 12/17–2/6 24 Hours Online

Introduction to Biology

Gain a solid foundation for a career in healthcare or medicine with an understanding of biology. This course will help you learn how cells and DNA determine the structure and function of the human body, which is essential to understanding the fundamental causes of human disease.

Fee: \$135
[12533](#) 10/15–12/5 24 Hours Online
[12534](#) 11/12–1/2 24 Hours Online
[12535](#) 12/17–1/6 24 Hours Online

Introduction to Chemistry

Even if chemistry tormented you in high school or college, you can master its principles! In this course, you'll gain a solid foundation in the basics of chemistry. Along the way, you'll learn how everything that goes on in your body depends on a chemical reaction.

Fee: \$150
[12536](#) 10/15–12/5 24 Hours Online
[12537](#) 11/12–1/2 24 Hours Online
[12538](#) 12/17–2/6 24 Hours Online

Math Refresher

Math isn't just about plugging numbers into formulas—it's about understanding how to make those numbers and formulas work for you. Math can be incredibly useful, but only if you know how and when to apply it in everyday life. This course will show you how to use math to your advantage. You won't find theory or memorization here—instead, each lesson is packed with practical exercises and real-world information you can use right away. You'll learn some interesting things about how calculators work, and discover effective ways to manage your income and expenses.

Fee: \$144
[12544](#) 10/15–12/5 24 Hours Online
[12546](#) 11/12–1/2 24 Hours Online
[12547](#) 12/17–2/6 24 Hours Online

Merrill Speed Reading

Are you struggling to keep up with a flood of emails, articles, reports, and books? Save yourself hours of time and increase your productivity by learning to read faster and with better comprehension. This course is a complete speed-reading experience. Topics are presented in a logical progression with plenty of time to help you master the skills and techniques you will need for lasting proficiency as a speed-reader.

Fee: \$140
[12548](#) 10/15–12/5 24 Hours Online
[12549](#) 11/12–1/2 24 Hours Online
[12550](#) 12/17–2/6 24 Hours Online

About the Clayworkers' Guild

Located in the historical Woodstock Square, the Clayworkers' Guild of Illinois is a dedicated group of ceramic clay artists and artisans. The Guild exists to provide diverse educational, collaborative, and networking opportunities for both its members and for the general public. Learn more about the Guild at www.facebook.com/clayworkersguildofillinois.

Introduction to Clay

You make it and glaze it, we'll fire it! It's never too late to get your hands dirty and play with clay. We will introduce you to functional pottery through hand-building techniques. You will learn different ways of working with clay, including rolling out a slab, making a pinch pot, joining, carving, and more. You'll create a functional pinch pot and a slab dish where you can select your choice of glaze. Pieces will be available for pickup within a week. All materials are included.

Fee: \$65

Clayworkers' Guild

# 12079	Th	10/16	6–9 p.m.
# 12080	Th	11/20	6–9 p.m.
# 12081	Th	12/18	6–9 p.m.

A Night Out: Carving in Clay

Looking for a fun and creative way to unwind and have a night out? Then you'll want to join us for this class! You'll learn the art of Sgraffito, a centuries-old technique where you scratch your unique design into colored slip to reveal the white porcelain underneath. At the end of the session, your piece will be glazed and fired by The Guild. This firing will make it food-safe and ready to use at your next party. You will be able to pick up your piece within a week. This fun, entertaining and educational activity is perfect for friends, siblings, dates, or even a solo adventure—and it's a fantastic way to meet new people! All materials are included. Must be 21 or older and provide proof of age.

Fee: \$75

Clayworkers' Guild

# 12082	F	10/3	6–9 p.m.
# 12083	F	11/7	6–9 p.m.
# 12084	F	12/5	6–9 p.m.



NEW! Clay Creations

Create a unique, seasonal ceramic project while exploring the art of hand-building with clay. In this class, you'll be guided through the process of making both functional and sculptural pieces—all without the use of a pottery wheel. Projects may include magnets, cups, bowls, plates, and more. You'll learn essential construction techniques such as pinching, coiling, and slab building, along with basic surface design methods to personalize your work. This class is ideal for both beginners and those with previous hand-building experience. All materials are included.

Fee: \$65

Clayworkers' Guild

NEW! Halloween Theme

[11758](#) Th 10/9 6–9 p.m.

NEW! Thanksgiving Theme

[11759](#) Th 11/13 6–9 p.m.

NEW! Christmas/Holiday Theme

[11760](#) Th 12/11 6–9 p.m.

NEW! Drawing: Still Life

Students will explore specific drawing techniques to help enhance their drawing skills. Learn the fundamentals of smooth blending, how to create soft effects to create depth and volume, and how to develop value and intensity within your work for a beautiful finished look. This class assumes students have a basic understanding of drawing. A supply list will be emailed prior to class.

Fee: \$39

Efrain Gonzalez

[11779](#) M 10/6, 10/13 6–8 p.m. Main Campus

NEW! Drawing: Wildlife

Students will explore specific drawing techniques to help enhance their drawing skills. Learn the fundamentals of smooth blending, how to create soft effects to create depth and volume, and how to develop value and intensity within your work for a beautiful finished look. This class assumes students have a basic understanding of drawing. A supply list will be emailed prior to class.

Fee: \$39

Efrain Gonzalez

[11780](#) M 10/27, 11/3 6–8 p.m. Main Campus

NEW! Drawing: Landscape

Students will explore specific drawing techniques to help enhance their drawing skills. Learn the fundamentals of smooth blending, how to create soft effects to create depth and volume, and how to develop value and intensity within your work for a beautiful finished look. This class assumes students have a basic understanding of drawing. A supply list will be emailed prior to class.

Fee: \$39

Efrain Gonzalez

[11781](#) M 11/17, 11/24 6–8 p.m. Main Campus

NEW! Drawing: Portrait

Students will explore specific drawing techniques to help enhance their drawing skills. Learn the fundamentals of smooth blending, how to create soft effects to create depth and volume, and how to develop value and intensity within your work for a beautiful finished look. This class assumes students have a basic understanding of drawing. A supply list will be emailed prior to class.

Fee: \$39 Efrain Gonzalez
 # [11782](#) M 12/8, 12/15 6–8 p.m. Main Campus



NEW! Mandala Stone Art: Relaxation and Harmony

Embark on a transformative journey of self-discovery through the art of mandala stone painting. This class will guide you in creating stunning mandalas—intricate circular designs that have been used for centuries as tools for meditation, relaxation, and spiritual growth. All supplies are included.

Fee: \$39 Nanette Fabros
 # [12778](#) W 10/15 6–8 p.m. Catalyst Campus
 # [12779](#) W 11/12 6–8 p.m. Catalyst Campus
 # [12780](#) W 12/10 6–8 p.m. Catalyst Campus

NEW! Paint Night: Glow Party!

That's right—it's a GLOW paint party! Paint under LED blacklights and experience a whole new level of fun. Follow step-by-step instructions from the instructor, using a stencil for the character of your choice. Bring a date, come with friends, and feel free to pack some food and drinks. All supplies are included.

Fee: \$39 Julie Kukreja
 # [11947](#) T 10/7 6–8 p.m. Main Campus



NEW! Sumi-e Japanese Black Ink Art

Discover the beauty of Sumi-e, the Japanese art of monochrome black ink painting. You'll learn techniques for painting with ink and creating subtle shading by dissolving ink in water. By the end of the class, you'll have created your own elegant masterpieces. All supplies are included.

Fee: \$35 Ann Leslie
 # [11914](#) W 10/1 10 a.m.–Noon Catalyst Campus

NEW! Autumn

[12767](#) W 11/5 10 a.m.–Noon Catalyst Campus

NEW! Winter

[12769](#) W 12/3 10 a.m.–Noon Catalyst Campus



NEW! Squeegee Scrape Art

Squeegee scrape art is a unique and creative form of abstract painting that uses a squeegee to create bold, expressive patterns on canvas or paper. You'll place dots of paint in strategic patterns, then scrape the paint across the surface to reveal an innovative and dynamic design. Voilà—your masterpiece is complete! This fun, experimental process invites you to explore color combinations, textures, and your own creative style. All supplies are included.

Fee: \$35 Ann Leslie
 # [11916](#) W 10/15 10 a.m.–Noon Catalyst Campus

NEW! Autumn

[12768](#) W 11/19 10 a.m.–Noon Catalyst Campus

NEW! Winter

[12770](#) W 12/17 10 a.m.–Noon Catalyst Campus

NEW! Watercolor: Floral Design

Are you newer to watercolors but looking take your abilities to the next level? This class will help you build upon your basic watercolor skills and introduce new techniques and tips to help you advance your passion for painting. A supply list will be emailed prior to the start of class.

Fee: \$39 Efrain Gonzalez
[11774](#) T 10/7, 10/14 6–8 p.m. Main Campus

NEW! Watercolor: Wildlife

Are you newer to watercolors but looking take your abilities to the next level? This class will help you build upon your basic watercolor skills and introduce new techniques and tips to help you advance your passion for painting. A supply list will be emailed prior to the start of class.

Fee: \$39 Efrain Gonzalez
[11775](#) T 10/28, 11/4 6–8 p.m. Main Campus

NEW! Watercolor: Landscape

Are you newer to watercolors but looking take your abilities to the next level? This class will help you build upon your basic watercolor skills and introduce new techniques and tips to help you advance your passion for painting. A supply list will be emailed prior to the start of class.

Fee: \$39 Efrain Gonzalez
[11776](#) T 11/18, 11/25 6–8 p.m. Main Campus

NEW! Watercolor: Portrait

Are you newer to watercolors but looking take your abilities to the next level? This class will help you build upon your basic watercolor skills and introduce new techniques and tips to help you advance your passion for painting. A supply list will be emailed prior to the start of class.

Fee: \$39 Efrain Gonzalez
[11777](#) T 12/9, 12/16 6–8 p.m. Main Campus

Drawing For The Absolute Beginner

Gain a solid foundation in the basics of drawing to become the artist you've always wanted to be. This course will help you get familiar with paper type, drawing styles, techniques, and basic principles of perspective, layout, and design.

Fee: \$129

# 12505	10/15–12/5	24 Hours	Online
# 12506	11/12–1/2	24 Hours	Online
# 12507	12/17–2/6	24 Hours	Online

HEALTH AND WELLNESS

NEW! Finding Comfort Amidst Chaos

Today's fast-paced and demanding world often leaves people feeling overwhelmed and disconnected from themselves. This class offers a chance to pause, reflect, and reconnect with what truly restores and re-energizes you. You'll explore why tending to your own needs is essential—and, more importantly, how to do it in practical and meaningful ways. Each participant will receive a personal guidebook to help identify supportive strategies and resources they can return to during times of stress or imbalance. Taught by a Licensed Clinical Professional Counselor with over 40 years of experience helping others navigate life's challenges with intention and self-compassion.

Fee: \$35 Shira Greenfield
[12460](#) M 11/3 6–7:30 p.m. Catalyst Campus

RowFit: Indoor Rowing Fitness

Looking to shake up your fitness routine? Try a workout that targets both cardio and strength! If you're looking for something low-impact that is still a total body workout, RowFit indoor rowing fitness classes could be just what you need! Classes run for 6 weeks (1 hour each week) and are held at Sweeps & Sculls Indoor Rowing Center in Crystal Lake.

Fee: \$90 Sweeps & Sculls Indoor Rowing Center

# 12784	M	11/3–12/15	7–8 p.m.
# 12785	W	11/5–12/17	6–7 a.m.
# 12786	Th	11/6–12/18	7–8 p.m.

Anxiety Disorders: An Integrative Approach (Self-Guided)

Learn about the types of anxiety disorders as well as conventional and integrative treatment approaches.

Fee: \$49

# 12438	10/15–1/9	2.5 Hours	Online
# 12439	11/12–2/6	2.5 Hours	Online
# 12440	12/17–3/13	2.5 Hours	Online



Meet Shira: Shira Greenfield is a Licensed Clinical Professional Counselor who earned her master's degree in counselor education from the University of Iowa in 1985. Since then, she has worked as a therapist, a crisis intervention worker, a group facilitator, and an educator. She has also held several leadership positions in behavioral health care providing oversight to both inpatient and outpatient programs and teams. She currently serves as the Clinical Director for Pivotal Counseling Center with offices in Elgin, Lake in the Hills, and Woodstock. Shira is an experienced and sought-after speaker who is known for her down to earth style and her ability to get people to laugh at themselves.

Aromatherapy: The Healing Power of Scent (Self-Guided)

Learn the historical use, extraction methods, clinical effects, current research, contraindications, and key elements of essential oils in aromatherapy.

Fee: \$49

# 12466	10/15–1/9	2.5 Hours	Online
# 12467	11/12–2/6	2.5 Hours	Online
# 12468	12/17–3/13	2.5 Hours	Online

Depression: An Integrative Approach (Self-Guided)

This course helps learners understand the pathophysiology, symptoms, and diagnosis of depression, while also exploring both conventional and integrative treatment approaches.

Fee: \$49

# 12487	10/15–1/9	2 Hours	Online
# 12490	11/12–2/6	2 Hours	Online
# 12493	12/17–3/13	2 Hours	Online

Energy Healing (Self-Guided)

This course helps learners explore the different types of energy, the concept of energy healing, and the various types of energy healing available today.

Fee: \$49

# 12508	10/15–1/9	2 Hours	Online
# 12509	11/12–2/6	2 Hours	Online
# 12510	12/17–3/13	2 Hours	Online

Food and Mood: What's the Connection? (Self-Guided)

This course helps learners understand how food affects one's mood, explores the types of nutrients that can improve or enhance mental health, examines types of eating disorders, and discusses how to incorporate mindful eating as a way of supporting positive mental health.

Fee: \$49

# 12514	10/15–1/9	2 Hours	Online
# 12515	11/12–1/2	2 Hours	Online
# 12516	12/17–3/13	2 Hours	Online

Handling Medical Emergencies

Learn how to help family, friends, and anyone in an emergency when every second counts. This course will help you recognize the early signs and symptoms of common medical conditions and emergencies, so you can provide appropriate treatment while waiting for the EMS to arrive.

Fee: \$154

# 12524	10/15–12/5	24 Hours	Online
# 12525	11/12–1/2	24 Hours	Online
# 12526	12/17–2/6	24 Hours	Online

Lose Weight and Keep It Off

Discover how to establish a healthy approach to weight loss and weight management. By the end of this course, you'll know how to set effective goals for eating, exercise, and other factors that influence your weight, setting you on the path to losing weight and keeping it off for good.

Fee: \$140

# 12562	10/15–12/5	24 Hours	Online
# 12563	11/12–1/2	24 Hours	Online
# 12564	12/17–2/6	24 Hours	Online

Mindfulness Meditation (Self-Guided)

This course helps learners explore mindfulness meditation, including its health benefits, the principles of mindfulness-based stress reduction (MBSR), and the techniques and practices associated with mindfulness meditation.

Fee: \$49

# 12568	10/15–1/9	2 Hours	Online
# 12569	11/12–2/6	2 Hours	Online
# 12570	12/17–2/6	2 Hours	Online

Music Therapy and Sound Healing (Self-Guided)

This course helps learners understand the principles, interventions, therapeutic uses, and physiological and psychological responses of music therapy and sound healing.

Fee: \$49

# 12571	10/15–1/9	2 Hours	Online
# 12572	11/12–2/6	2 Hours	Online
# 12573	12/17–3/13	2 Hours	Online

Nutrition, Stress, and Immune Function (Self-Guided)

This course helps learners understand the relationship between food and emotions; explain the stress response; discuss the effects of stress on nutrition and health; define mindful eating and methods of eating mindfully; and examine elements of nutrition that support a healthy immune system.

Fee: \$49

# 12574	10/15–1/9	1 Hours	Online
# 12575	11/12–2/6	1 Hours	Online
# 12576	12/17–3/13	1 Hours	Online

» ABOUT ED2GO CLASSES



Community Enrichment offers asynchronous online classes in partnership with our third-party educational vendor, ed2go. Classes are led by experts in their field, and are available in self-guided or instructor-led formats. Explore more ed2go classes online by scanning the QR code.

Wire Your Brain for Happiness (Self-Guided)

This course helps learners describe how happiness, positive experiences, and emotions affect the brain. We will also explore the relationship between happiness and neuroplasticity, determinants of happiness, happiness assessment tools, and practices to increase happiness.

Fee: \$49

# 12607	10/15–1/9	1.5 Hours	Online
# 12608	11/12–2/6	1.5 Hours	Online
# 12609	12/17–3/13	1.5 Hours	Online

HISTORY AND SCIENCE

NEW! Prehistoric Petroglyphs and Rock Art of the Midwest

The Midwest is home to a stunning collection of rock art carved and painted by prehistoric artisans over the centuries. This class focuses on the fascinating pictographs and petroglyphs found throughout Middle America. It is taught by Jack MacRae, a collaborative instructor from the College of DuPage.

Fee: \$30 Collaborative Partner

# 12461	Th	10/2, 10/9	10 a.m.–Noon	Remote
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NEW! The Magic of Oz

Follow the yellow brick road with Dorothy Gale and Toto into the magical world of Oz! Historical presenter Michelle Gibbons will delight audiences with a theatrical portrayal of beloved actress Judy Garland. Experience Garland's rise to worldwide fame, her childhood, and her struggles to stardom—all told from her point of view. This class is taught by Michelle Gibbons, a collaborative instructor from Harper College.

Fee: \$15 Collaborative Partner

# 12078	F	10/10	2–4 p.m.	Remote
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NEW! Influence of the French Language and Culture on Vietnam

Discover the rich history of French influence in Vietnam, from the alphabet and gastronomy to iconic monuments. Explore how French leadership shaped Southeast Asia during the Indochine period, including Vietnam, Laos, and Cambodia. This class is available both in-person and remotely. The instructor will be presenting remotely from France.

Fee: \$15 Gigi Kuhn

# 11895	M	10/13	12:30–2:30 p.m.	Catalyst Campus
# 11896	M	10/13	12:30–2:30 p.m.	Remote

NEW! Legendary Creatures of Cryptozoology

Explore the “myths” and “truths” about Bigfoot, the Loch Ness monster and more. Cryptozoology is the search for and study of animals whose existence is disputed or unsubstantiated. Learn about a variety of legendary creatures, including Chupacabra, the Yeti, the Jersey Devil, and Champ of Lake Champlain. This class is taught by Jay Sternickle, a collaborative instructor from the College of DuPage.

Fee: \$15 Collaborative Partner

# 12114	T	10/21	10 a.m.–Noon	Remote
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Jack the Ripper

If you asked people around the world to name a serial killer, chances are they'd say “Jack the Ripper”—a name that has fascinated the public since the brutal murders of five London prostitutes in 1888. In this class, you'll explore Victorian London and the poverty and squalor of the East End, where Jack carried out his grisly crimes. Please note: This is a graphic presentation that includes detailed descriptions of the murders. It may not be suitable for those who are easily disturbed and is not appropriate for children.

Fee: \$15 John Gowing

# 12075	Th	10/23	1–2:30 p.m.	Catalyst Campus
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NEW! New France: French Heritage in IL & WI

This class explores the years 1524–1763, when the French first explored and then settled in North America, including the regions now known as Illinois (Il-len-nohwa) and Wisconsin (Wis-kon-sa). It examines French relations with Native Americans and the outcomes of their conflicts with the British. Key French sites such as Fort de Chartres (IL), Portage (WI), and others will be reviewed. Participants will learn three facts about Illinois during its time under French control, as well as what French cultural and historical influences remain in Illinois and Wisconsin today. This class is taught by Mark Pete, a collaborative instructor from Rock Valley College.

Fee: \$15 Collaborative Partner

# 12113	F	11/7	10–11:30 a.m.	Remote
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NEW! Celebrate the 150th Year Anniversary of French Impressionism

Discover why the Impressionist painting movement was a true artistic revolution—not only in France but across Europe. Experience the milestones of Impressionism from 1874 to 2024 through the works of master painters and their key artworks.

Fee: \$15 Gigi Kuhn

# 12111	M	11/17	12:30–2:30 p.m.	Catalyst Campus
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Meet Gigi: Gigi is the ultimate global citizen, teacher by training, and lover of the French language and culture. She was born in Saigon, raised in Paris, studied in Montreal, and worked in London. Gigi is trilingual, with French as her primary language, and holds three passports from Vietnam, France, and the USA. She enjoys teaching others the French language and history.

NEW! Unique Festivals Around the World New and Old

Explore some of the most unique and exceptional festivals celebrated by millions worldwide! You may be familiar with Mardi Gras, Holi, and Running of the Bulls—but have you heard of the Boryeong Mud Festival or the International Hair Freezing Festival? Join us as we discover both new and old fun festivals together! This class is taught by Dr. Suzanne Rausch, a collaborative instructor from Harper College.

Fee: \$15 Collaborative Partner
[12077](#) T 11/18 1–2:30 p.m. Remote

NEW! Let's Visit: The British Museum

This presentation will explain how the British Museum was created and how it has evolved into the breathtaking institution it is today. We'll discuss some of the most popular exhibits, including the Rosetta Stone, the Parthenon Frieze (aka the Elgin Marbles), Egyptian mummies, and several others.

Fee: \$15 John Gowing
[12076](#) Th 11/20 1–2:30 p.m. Catalyst Campus

NEW! Beautiful Castles of France

Step back in time and explore the splendor of the most stunning castles across different periods. Discover the origins of the medieval fortress, the elegance of Renaissance castles during the Italian Renaissance, and the timeless classics of the Loire Valley.

Fee: \$15 Gigi Kuhn
[12112](#) M 12/15 12:30–2:30 p.m. Catalyst Campus

Sherlock Holmes

Sherlock Holmes is probably the most famous fictional detective in the history of literature. He has captured the imagination of readers all over the world since his creation by Sir Arthur Conan Doyle. Come and learn about how he was created and how he evolved through the stories. It is "elementary" that you shouldn't miss this presentation!

Fee: \$15 John Gowing
[12649](#) Th 12/18 1–2:30 p.m. Catalyst Campus



HOME AND GARDEN

Buzzing Beauty: DIY Beeswax Lip Balm Workshop

Join us for a hands-on workshop where you'll learn to create your own natural lip balms using beeswax! Discover the benefits of beeswax and explore a variety of essential oils and natural ingredients to customize your balms. This workshop will cover the entire process, from melting and mixing to pouring and packaging, ensuring you leave with your own personalized lip balm to take home. Perfect for beginners and anyone interested in natural skincare, this fun and informative session will have you crafting your own lip care products in no time! All materials will be provided.

Fee: \$39 Stephanie Slater
[12457](#) W 11/19 6–8 p.m. Catalyst Campus

NEW! Holiday Wreath Making

Prepare for the holiday season by creating your own live holiday wreath. Instructed by MCC's Dr. Garrett Beier, department chair of Entrepreneurial Agriculture and Horticulture, you will learn the basics of making beautiful wreaths. All supplies are included. Get ready to showcase your masterpiece at home for the holidays.

Fee: \$49 Garrett Beier
[12456](#) Th 12/4 6–7:30 p.m. Main Campus

Small Engine Repair

Don't pay to have your small engines fixed—learn how to do it on your own! In this hands-on course, you'll gain the necessary skills to maintain and fix your personal snow clearing and/or landscaping equipment. Work with a skilled instructor and learn how to get back to snow blowing or mowing your property without having to buy new equipment. While background knowledge in engine operation and hand tool usage is beneficial, it's not required to attend this course. Students will need to bring their own equipment, but tools are provided for use during the class. The class will take place at Woodstock High School in Woodstock. Specific classroom information will be emailed to students prior to the class.

Fee: \$79 Noah Taylor
[11799](#) T 10/14–11/4 6–8 p.m. Woodstock High School

Interior Design Basics

This introductory interior design course covers essential concepts and skills, from space planning and material selection to color theory and lighting design. You will learn to create functional and aesthetically pleasing residential design plans while considering sustainability and accessibility. By the end of the course, you will understand the role of a professional interior designer and be ready to enhance any space.

Fee: \$144
[12437](#) 10/15–12/5 24 Hours Online
[12553](#) 11/12–1/2 24 Hours Online
[12555](#) 12/17–2/6 24 Hours Online

Start Your Own Edible Garden

Grow delicious, nutritious fruit and vegetables in your own backyard. Whether you want to provide food for your family, save money, get exercise, or just be more self-sufficient, this course will give you the skills and knowledge you need to have a successful harvest.

Fee: \$144

# 12595	10/15–12/5	24 Hours	Online
# 12596	11/12–1/2	24 Hours	Online
# 12597	12/17–2/6	24 Hours	Online

LANGUAGES

NEW! American Sign Language for Beginners

Join a fun and relaxed environment where you can start signing immediately. You'll begin with the alphabet, numbers, basic vocabulary, and phrases to greet people and express yourself. The class includes interactive games and activities to practice the signs you've learned. The recommended textbook is *Learn to Sign the Fun Way*, available on Amazon.

Fee: \$129

Ruth Ready

# 12464	T	10/7–12/2	6–8 p.m.	Main Campus
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NEW! American Sign Language 1

This course is designed for students who have completed ASL for Beginners. You will learn basic ASL grammar rules, including the use of body and facial expressions, while expanding your sign vocabulary. Basic Deaf culture and Deaf history will also be covered, along with career exploration for those who use American Sign Language. The recommended textbook is *American Sign Language for Absolute Beginners* by Fedde Schulte, available on Amazon.

Fee: \$129

Ruth Ready

# 12465	W	10/8–12/3	6–8 p.m.	Main Campus
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NEW! American Sign Language 2

This course is designed for students who have completed ASL 1. It builds on previous knowledge with additional ASL grammar, including parameters of signs and classifiers, expanded vocabulary, expressive and receptive practice, and more in-depth exploration of Deaf culture and Deaf history. The recommended textbook is *American Sign Language for Absolute Beginners* by Fedde Schulte, available on Amazon.

Fee: \$129

Ruth Ready

# 12631	Th	10/9–12/4	6–8 p.m.	Main Campus
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NEW! Bonjour! Basic French for Everyday and Travel

Are you dreaming of your next trip to a French-speaking destination? Or perhaps you're simply curious about learning a new language? This class provides you with the practical skills and confidence to begin communicating in French immediately. You'll master the fundamental words and phrases for greetings, ordering food, everyday interactions, and making your travels more enjoyable. Furthermore, you'll discover aspects of French culture and important etiquette. À bientôt! (See you soon!)

Fee: \$129

Gigi Kuhn

# 12796	T	11/4–12/9	6–7:30 p.m.	Catalyst Campus
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Speed Spanish

Imagine yourself speaking, reading, and writing Spanish. Now you can with Speed Spanish! This course is designed for anyone who wants to learn Spanish pronto. You'll learn six easy recipes for gluing Spanish words together to form sentences. In no time at all, you'll be able to converse in Spanish. ¡Qué bueno! This class is taught by a college instructor who has been teaching Spanish for over 20 years.

Fee: \$143

# 12592	10/15–12/5	24 Hours	Online
# 12593	11/12–1/2	24 Hours	Online
# 12594	12/17–2/6	24 Hours	Online

Conversational Japanese

Prepare for your next trip to Japan by learning the basics of conversational Japanese. This course will provide you with useful words and phrases for conversing as you master the essentials of the Japanese language. Throughout this course, you'll gain cultural knowledge and learn useful conversational phrases and vocabulary words particular to a specific area of travel. You'll practice these in drills, interactive exercises, and dialogues.

Fee: \$130

# 12480	10/15–12/5	24 Hours	Online
# 12482	11/12–1/2	24 Hours	Online
# 12484	12/17–2/6	24 Hours	Online

Discover Sign Language

Learn how to sign basic phrases and sentences, allowing you to introduce yourself and start a conversation. Along the way, you will learn signs for colors, numbers, locations, family, and the activities you like to do. Discover how to make the signs and to incorporate facial expression to communicate in this beautiful language. You'll also gain an introduction to the world of the Deaf culture and explore topics such as lip reading, baby signs, and the career of interpreting.

Fee: \$131

# 12502	10/15–12/5	24 Hours	Online
# 12503	11/12–1/26	24 Hours	Online
# 12504	12/17–2/6	24 Hours	Online

Instant Italian

Learn to express yourself comfortably in Italian. You'll be surprised how quickly and easily you are able to learn Italian in this course, which provides knowledge of practical, everyday words and phrases you are likely to hear if you vacation in Italy.

Fee: \$130

# 12527	10/15–12/5	24 Hours	Online
# 12528	11/12–1/2	24 Hours	Online
# 12529	12/17–2/6	24 Hours	Online

Beginning Conversational French

Prepare for your next trip to France by mastering the basics of conversational French. This course will teach you proper pronunciation of French words that you'll use in your travels as well as cultural tips including appropriate gestures and body language.

Fee: \$130

# 12469	10/15–12/5	24 Hours	Online
# 12470	11/12–1/2	24 Hours	Online
# 12471	12/17–2/6	24 Hours	Online

Personal Finance

Set clear financial goals, make the right investments, increase financial security, and be prepared to retire someday. This course will help you gain control over the financial impact of your choices with tools that are useful, realistic, and easy to work into your regular routine.

Fee: \$146

# 12577	10/15–12/5	24 Hours	Online
# 12578	11/12–1/2	24 Hours	Online
# 12579	12/17–2/6	24 Hours	Online

Real Estate Investing

Discover how to make money in real estate, even if you have little to start with. This course includes specially designed worksheets and hands-on activities to take the guesswork out of investing in the real estate market.

Fee: \$141

# 12586	10/15–12/5	24 Hours	Online
# 12587	11/12–1/2	24 Hours	Online
# 12588	12/17–2/6	24 Hours	Online

Stocks, Bonds, Investing: Oh My!

Learn the basics of stocks, bonds, and investing so you can be independent and confident about your financial decisions. This class will teach you how to prepare for retirement, manage your finances, and pay for college without the need for hiring a broker or financial advisor.

Fee: \$141

# 12598	10/15–12/5	24 Hours	Online
# 12599	11/12–1/2	24 Hours	Online
# 12600	12/17–2/6	24 Hours	Online

The Analysis and Valuation of Stocks

Learn fundamental and advanced techniques for researching and analyzing stocks. This comprehensive course will teach you how to read financial statements, calculate financial ratios, perform industrial comparisons, and conduct economic research.

Fee: \$140

# 12601	10/15–12/5	24 Hours	Online
# 12602	11/12–1/2	24 Hours	Online
# 12603	12/17–2/6	24 Hours	Online

PERSONAL FINANCIAL MANAGEMENT

Introduction to Stock Options

Learn to evaluate, buy, sell, and profit from stocks. This course will arm you with investment tools that were once thought to be only for the pros as you learn how to protect your portfolio and profit in a down market, an up market, or even a flat market.

Fee: \$147

# 12556	10/15–12/5	24 Hours	Online
# 12557	11/12–1/2	24 Hours	Online
# 12558	12/17–2/6	24 Hours	Online

Keys to Successful Money Management

Let a certified financial planner show you how most wealthy people build their fortunes. This course will introduce you to a broad array of investment choices, help you discover the best ways to accumulate cash and property, and demonstrate how to best protect your investments.

Fee: \$140

# 12559	10/15–12/5	24 Hours	Online
# 12560	11/12–1/2	24 Hours	Online
# 12561	12/17–2/6	24 Hours	Online

PHOTOGRAPHY

NEW! Digital Photography for Beginners 1

Discover the art of photography in this hands-on introductory class. Learn the fundamentals of manual mode on your camera, including ISO, aperture, and shutter speed. Explore basic composition principles to enhance your photos, and put it all into practice with an exciting on-location photoshoot to kickstart your portfolio. Perfect for beginners, this class will help you capture everyday moments while tapping into your creative side. A digital camera is required for this class.

Fee: \$79

Paul LeVan

# 11812	M	10/20	6–8 p.m.	Catalyst Campus
	Sa	10/25	1:30–3 p.m.	Off Campus

NEW! Digital Photography for Beginners 2

Designed as a continuation of the Digital Photography for Beginners course, this class offers more in-depth knowledge for beginner photographers. Explore advanced techniques in composition, depth of field, and other manual camera settings while experimenting with various photography styles. The final class will be an on-location shoot where you will get to practice your newly acquired skills. Through hands-on practice and guidance, you'll refine your unique style and build confidence behind the camera. A digital camera is required for this class.

Fee: \$89

Paul LeVan

# 11814	M	11/10, 11/17	6–8 p.m.	Catalyst Campus
	Sa	11/22	1:30–3 p.m.	Off Campus

Introduction to Lightroom Classic CC

Do you have a lot of images to manage? Adobe Photoshop Lightroom is a fantastic tool for digital photographers at any skill level who need to manipulate and organize photos and images. This course will teach you how to use Lightroom Classic CC, Adobe's easy-to-use software that prepares, edits, and organizes photos quickly and effectively. Through hands-on exercises, you will learn to use Lightroom Classic CC like a pro and perfect your digital photos!

Fee: \$146

# 12542	10/15–12/5	24 Hours	Online
# 12543	11/12–1/2	24 Hours	Online
# 12545	12/17–2/6	24 Hours	Online



Mastering Your Digital SLR Camera

Break through the technology barrier and discover how to use your DSLR to take beautiful photos. This course will help you learn about features and controls, proper lenses, metering, exposure, and more to take your photography to the next level.

Fee: \$129

# 12565	10/15–12/5	24 Hours	Online
# 12566	11/12–1/2	24 Hours	Online
# 12567	12/17–2/6	24 Hours	Online

Photograph Nature With Your Digital Camera

Discover how your nature photos can become works of art rather than just snapshots. This course will help you explore composition and lighting as you master your digital camera's controls and features to take exceptional nature photos in no time.

Fee: \$130

# 12580	10/15–12/5	24 Hours	Online
# 12581	11/12–1/2	24 Hours	Online
# 12582	12/17–2/6	24 Hours	Online

Photoshop CC for the Digital Photographer

Adobe Photoshop CC (also known as Photoshop Creative Cloud) is a powerful subscription software solution providing support and specialized editing tools for digital photographers and graphic artists. In this course, you will master techniques to edit and enhance your digital images and add a professional polish to your work. The course offers simple, step-by-step instructions for basics like cropping, rotation, and sizing images. Whether you are a novice or accomplished photo editor, this course will give you a collection of useful techniques that will quickly show you amazing results in your images.

Fee: \$130

# 12583	10/15–12/5	24 Hours	Online
# 12584	11/12–1/2	24 Hours	Online
# 12585	12/17–2/6	24 Hours	Online

Secrets of Better Photography

Learn to take outstanding photos and get the best results whether you are using a DSLR, a point-and-shoot, or your phone camera. Each lesson contains exercises and assignments that will help you apply new techniques to your own camera and make a distinctive difference in your photos.

Fee: \$141

# 12589	10/15–12/5	24 Hours	Online
# 12590	11/12–1/2	24 Hours	Online
# 12591	12/17–2/6	24 Hours	Online

RECREATION AND SPORTS



About Main Stay Therapeutic Farm

Main Stay's mission is to enrich mind, body and spirit through powerful connections with horses, animals, and nature.

In 1984, two women, life-long equestrian, Sara Foszcz, and Physical Therapist, Sandy Barcus, started Main Stay in order to meet the growing need for adaptive horseback riding in the area. Our adaptive riding program was one of the first of its kind in Chicagoland. Main Stay became a 501(c)3 organization in 1987, dedicated to children and adults with physical, developmental, emotional, and social challenges. Main Stay expanded service in 2012 to include our unique Animal Assisted Learning programs for individuals, families, and groups.

NEW! Main Stay's Horsemanship Lessons

Main Stay's Horsemanship Lessons are designed for individuals new to horses who want to learn from the ground up—no riding involved. Through groundwork-based sessions facilitated by a PATH Intl. certified instructor and supported by trained volunteers, participants will build confidence, safety awareness, and a meaningful connection with our horses. Groups are kept small to ensure a supportive and engaging learning environment. Participants will learn essential horsemanship skills, including how to safely approach a horse; haltering and grooming; leading a horse and building trust; and understanding equine behavior and body language. Learning the language of horses and the skills to safely interact with them lays the groundwork for a lifelong partnership. Whether you're just curious or considering future riding, this is a great place to start your journey. Come have some fun and meet the Main Stay horses! Students will need to be able to walk on uneven surfaces, stand for up to an hour, and be age 18+.

Fee: \$275 Main Stay Therapeutic Farm
[12795](#) M 10/6–11/10 5:30–6:45 p.m.

NEW! Hit Me! Learn Blackjack the Fun and Easy Way

Ready to hit the table with confidence? Join our engaging Blackjack class led by a former professional dealer! Whether you're brand new to the game or looking to sharpen your skills, this class offers a relaxed and fun environment to learn and improve. We'll cover everything from the basic rules and betting to essential strategies that will give you an edge. Through a combination of insightful lectures and hands-on practice (no gambling involved), you'll gain a solid understanding of Blackjack and feel comfortable playing in any setting. Come learn the secrets of the game and enjoy the thrill of making the right decisions.

Fee: \$25 Anne Fortin
[12430](#) F 10/17 1–3 p.m. Catalyst Campus
[12431](#) W 10/22 6–8 p.m. Catalyst Campus
[12432](#) F 11/14 1–3 p.m. Catalyst Campus
[12433](#) W 11/19 6–8 p.m. Catalyst Campus
[12453](#) F 12/12 1–3 p.m. Catalyst Campus
[12454](#) W 12/17 6–8 p.m. Catalyst Campus

Open Chess with McHenry County Chess Club

Join the McHenry County Chess Club for weekly Thursday night open chess. Open to everyone ages 10 and up, this event welcomes players of all skill levels, from beginners to experts. Players may bring their own chess boards, though limited boards will also be available for use. Open chess is a great way to connect with other chess enthusiasts, practice your playing skills, and learn from veteran chess players. Vending machines are available onsite for snacks.

Fee: \$5 McHenry County Chess Club
[12787](#) Th 10/2–12/18 6–9 p.m. Main Campus

Senior Hike: Coral Woods Conservation

Join a McHenry County Conservation District educator for a fall hike through the sugar maple forest of Coral Woods Conservation Area in Marengo. We'll hike an easy 1.2 mile trail with a mostly flat surface, and stop along the way to talk about what makes this place so special – maple trees that produce maple syrup every year! Please dress for the weather and hiking, with sturdy shoes, and bring your own water.

Fee: \$5 Coral Woods M.C.C.D.
[11770](#) F 10/24 10–11:30 a.m.

Senior Hike: Prairieview Education Center

The scenic backdrop of Prairieview Education Center is the landscape view of Silver Creek Conservation Area and its expansive acreage of wetland, prairie, and savanna communities. The wide-open view highlights a mixture of native grasses and colorful wildflowers, including compass plants, coneflowers, and many species of asters. Come along and join us on a morning hike through looping trails while enjoying nature's beauty. Hike meeting location: 2112 Behan Rd, Crystal Lake, IL.

Fee: \$5 Prairieview Education Center M.C.C.D.
[11771](#) F 11/21 10–11:30 a.m.

SPECIAL INTEREST

Beginner Coin Collecting Workshop

Embark on a journey through the captivating world of coin collecting! This course is designed for curious minds seeking to uncover the stories behind these tiny metallic marvels. We'll explore the rich history, intriguing designs, and fascinating tales that make coin collecting an enjoyable hobby. Get ready to dive into art, history, and adventure.

Fee: \$29 John Kent
[12458](#) Sa 10/11 10 a.m.–Noon Catalyst Campus
[12459](#) Sa 10/11 1–3 p.m. Main Campus

Improv for Seniors

Embracing play and learning improv can have a transformative impact on adults' personal and professional lives. Improv offers numerous benefits: it promotes creativity, enhances communication skills, and boosts self-confidence. It encourages adults to let go of inhibitions and embrace spontaneity, tapping into their inner child for joy and laughter. Play is important for adults as it reduces stress, improves cognitive function, and fosters social connections. Get outside of your comfort zone and play! No previous experience is necessary. This class will include some physical movement.

Fee: \$20

Cheryl Cox

# 12070	Th	10/2	1–3 p.m.	Catalyst Campus
# 12071	Th	11/6	1–3 p.m.	Catalyst Campus
# 12072	Th	12/4	1–3 p.m.	Catalyst Campus

Laugh, Love, and Connect: An Improv Comedy Workshop for Couples

Rediscover the joy of connection through laughter! This interactive workshop uses the magic of improvisational comedy to help couples strengthen communication, build trust, and embrace playfulness. No comedy or acting experience needed—just bring your partner and an open mind. Through fun, lighthearted exercises, you'll learn to navigate challenges together, spark creativity, and deepen your bond while sharing plenty of laughs. Perfect for all couples looking to refresh their relationship in a unique and memorable way! Price per couple.

Fee: \$45

Cheryl Cox

# 12073	Th	12/4	6–8 p.m.	Catalyst Campus
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Save Money with Extreme Couponing!

Learn how to save \$\$\$ every day with extreme couponing. Coupons are NOT just for groceries. The savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This comprehensive workshop will teach you where to find different types of coupons, even for high-ticket items; how to find the best coupon apps and websites; and how to match coupons with sales for maximum savings. This workshop is taught by someone who has used many couponing secrets to save thousands. Informative handouts for future use are included in the class fee. The webinar login information will be emailed the day before class.

Fee: \$25

LeeAnne Krusemark

# 12499	T	10/14	6–7 p.m.	Remote
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Genealogy Basics

Learn to trace your family history and make it come alive. This course provides hands-on examples that help you dig deeper into your family's past using several subscription-based websites that you will be able to access during the course.

Fee: \$140

# 12744		10/15–12/5	24 Hours	Online
# 12745		11/12–1/2	24 Hours	Online
# 12746		12/17–2/6	24 Hours	Online

TECHNOLOGY

Introduction to PC Troubleshooting

Don't spend your hard-earned cash on PC repairs that you can fix yourself with a little troubleshooting knowledge. This course takes you step-by-step through typical hardware and operating system problems and gives you the skills you need to solve them as you learn to maintain and optimize a Windows PC.

Fee: \$144

# 12551		10/15–12/5	24 Hours	Online
# 12552		11/12–1/2	24 Hours	Online
# 12554		12/17–2/6	24 Hours	Online

Adobe InDesign Essentials

Adobe InDesign is the industry-standard page layout program that integrates seamlessly with Adobe Illustrator and Photoshop. It allows you to create everything from simple flyers to complex multi-page documents such as brochures, books, and magazines. This course offers a comprehensive exploration of InDesign's tools and capabilities for creating professional-quality documents. You'll learn how to manage the InDesign workspace, set up and design layouts, enhance your projects, and finalize multi-page documents for print or digital use. Access to Adobe InDesign software is required. This is a one-month course.

Fee: \$225

Andy Helmi

# 12240		11/3–11/28	16 Hours	Online
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Adobe Photoshop Essentials

This foundational course covers the most commonly used tools, menus, and panels in Adobe Photoshop CC. You'll learn the essentials of Photoshop, including how to work with selection and editing tools, layers, and masks to retouch, enhance, and transform existing images—or create your own composite digital artwork. Impress your coworkers, friends, and family by enhancing their photos and creating magazine-cover-quality images. Access to Adobe Photoshop software is required. This is a one-month course.

Fee: \$225

Andy Helmi

# 12241		10/6–10/31	16 Hours	Online
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All About Canva Pro Level 1

Canva is an online graphic design tool that can be used to create social media posts, presentations, posters, videos, logos, and more. Join Lori Lattanzio, Manager of Communications and Marketing at Northern Illinois Special Recreation Association (NISRA), as she demonstrates how Canva can bring your projects to life—no matter your skill level. Lattanzio is a self-taught nonprofit professional who built her career through passion and creativity. Working in the nonprofit sector brings the opportunity to be more budget-friendly when it comes to resources—and that's where Canva comes in! This workshop will demonstrate skills for the beginner and advanced user.

Fee: \$69

Lori Lattanzio

# 12689	Th	10/16	1–3:30 p.m.	Catalyst Campus
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All About Canva Pro Level 2

Let's put your Canva skills to use! This workshop picks up where Canva Pro Level 1 left off. First, we'll recap Canva features and tools while also learning a few new advanced tricks! Then, you'll get the opportunity to experiment and create marketing material for personal or professional use. This hands-on class is taught in a computer lab – no need to bring your own technology. Canva Pro subscription/log-in required. Please arrive to class 10 minutes early to get signed in and ready for class by the start time.

Fee: \$69 Lori Lattanzio
 # [12688](#) T 10/28 10 a.m.–Noon Catalyst Campus

Canva Pro: Presentations

Presentations don't have to be boring—especially with Canva! Learn how to create visually engaging slides filled with high-quality graphics, design elements, and animations to captivate your audience and effectively market your brand or business. Canva Pro subscription and login required.

Fee: \$29 Lori Lattanzio
 # [12691](#) F 12/12 1–2 p.m. Remote

Canva Pro: Social Media

There are many apps for social media marketing, but Canva makes it simple with its templates, content planner, mockups, and more. In this class, we'll explore the powerful tools Canva offers specifically for creating social media content that stands out. Canva Pro subscription and login required. Please arrive 10 minutes early to sign in and be ready to start on time.

Fee: \$29 Lori Lattanzio
 # [12690](#) W 11/5 10–11 a.m. Remote

Canva Pro: Video Editor

Do you need some fun and engaging video content? Canva's video editor makes it simple with their easy-to-use video features for everyday videos or even special occasions. We'll navigate through all the great tools Canva has specifically for video editing to bring your videos to life! Canva Pro subscription/log-in required.

Fee: \$29 Lori Lattanzio
 # [12692](#) M 12/1 11 a.m.–Noon Remote



Microsoft Excel Level 1 (Basic)

Learn the basic concepts and skills needed to start being productive with Excel. Topics include creating and saving worksheets; entering, moving, and manipulating data; using formulas and functions; formatting text, numbers, and cells; creating charts; data entry shortcuts; and managing, printing, and sharing workbooks.

Fee: \$179 Audrey Minkalis
 # [12640](#) W 10/1 8 a.m.–4:30 p.m. Catalyst Campus
 # [12643](#) M 11/3 8 a.m.–Noon Catalyst Campus
 W 11/5 8 a.m.–Noon Catalyst Campus
 # [12646](#) T 12/2 8 a.m.–Noon Remote
 W 12/3 8 a.m.–Noon Remote

Microsoft Excel Level 2 (Intermediate)

Build upon your foundational knowledge of Excel by learning more advanced tools for analysis and presentation of data. Topics include managing complex workbooks; building more complex functions; using data analysis tools like PivotTables and PivotCharts; making an impact with powerful chart and presentation features; and collaborating with other users. This course assumes students know how to use a computer, that they're familiar with Microsoft Windows, and that they've taken the Level 1 course or have equivalent introductory experience with Excel.

Fee: \$179 Audrey Minkalis
 # [12641](#) W 10/15 8 a.m.–4:30 p.m. Catalyst Campus
 # [12644](#) M 11/10 8 a.m.–Noon Catalyst Campus
 W 11/12 8 a.m.–Noon Catalyst Campus
 # [12647](#) T 12/9 8 a.m.–Noon Remote
 W 12/10 8 a.m.–Noon Remote

Microsoft PowerPoint Tips and Tricks

This class is for the PowerPoint user who wants to learn how to make presentations more effective. Valuable PowerPoint tips, tools, and timesavers will be covered along with general presentation guidelines.

Fee: \$89 Audrey Minkalis
 # [12675](#) W 10/8 8 a.m.–Noon Remote

Microsoft Word Tips and Tricks

Microsoft Word is a powerful word processing program that gives you the ability to create and share documents with a comprehensive set of writing tools.

Fee: \$89 Audrey Minkalis
 # [12676](#) W 10/8 12:30–4:30 p.m. Remote

WRITING

How to Self-Publish for Free

This course will guide you on your journey to becoming a royalty-earning, self-published author. Whether you're writing the next Great American Novel, sharing your expertise, or telling your family's story, you can publish it yourself—and reach readers worldwide. Taught by a successful self-published author, this course covers how to produce both e-books and print books using Amazon Kindle Direct Publishing and other platforms. You'll learn about manuscript formatting, book cover design, editing tools, and publishing options. We'll also explore important topics such as setting up accounts, using dashboards and sales reports, understanding copyrights, ISBNs, LCCNs, and AISNs. You'll create a personalized self-publishing plan and learn how to put it into action. Students with a book in progress can develop it for publication, while newcomers will gain a solid understanding of the self-publishing industry. This is a self-paced course with direct communication with the instructor. After registering, you'll receive an email from the instructor within two weeks.

Fee: \$79 Roxanne Boersma
[12633](#) 10/1–12/23 8 Hours Remote

Writing for Online Blogs, Magazines, and Websites

You don't need a journalism degree or previously published articles to write for anyone's online blog, magazine, or website. Some opportunities offer exposure, while many pay well—\$1 a word or more. In this fast-paced session, you'll learn how to find ideas, sources, and more than 1,000 opportunities that pay; conduct interviews and create interesting content; protect your copyright; write query letters; and use your credibility to sell other articles or even your self-published novel. Informative handouts for future use are included in class fee.

Fee: \$35 LeeAnne Krusemark
[12472](#) W 10/1 4–6 p.m. Remote



Write a Riveting Mystery, Suspense, or Crime Story

Become a mystery writer for fun or profit! You'll explore different sub-genres and the three-act story structure of mystery writing. We'll show you how to create an intriguing cast of characters, choose your setting, craft an opening that grabs readers' attention, and use red herrings to misdirect and create suspense. Publishing options will also be discussed. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark
[12473](#) Th 10/2 4–6 p.m. Remote

Introduction to Screenwriting for Television or Movies

In this comprehensive session, you will learn about special screenwriting terms and formats for television and the big screen. We'll teach you how to plot a story, develop characters, and execute your work in the proper screenwriting format. You'll discover the difference between a treatment, spec script, and shooting script and when to do each. Plus, you'll get an inside look into the business of selling your script to agents and producers. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark
[12476](#) F 10/3 4–6 p.m. Remote

How to Write Your Life Story (for fun or profit)

You don't need to be famous to have a legacy to leave behind. Create an inspirational autobiography for family, friends, and others. Learn how to recall vivid memories, analyze events and people that shaped who you are, and bring your story to life. Your handout, included in the class fee, will have an outline to help you organize and write your memoir step-by-step. Printing/publishing options will also be discussed. The webinar login information will be emailed the day before class.

Fee: \$45 LeeAnne Krusemark
[12477](#) Sa 10/4 10 a.m.–1 p.m. Remote

Introduction to Journaling: A Beginner's Guide

Journaling is simply recording your thoughts, feelings, and insights in a written, drawn, or typed format. It can be done on paper or on a computer, and it's a low-cost way to improve your mental health. Journaling can reduce stress, improve self-awareness, help prioritize concerns, and foster positive self-talk. You'll learn how to start journaling (even when you're unsure what to write), explore the 10 most popular types of journaling, and discover how to kick-start self reflection, track progress, and promote personal growth. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark
[12479](#) Su 10/5 10 a.m.–Noon

Writing Short Stories: A Beginner's Guide

Writing short stories (1,000–30,000 words) helps you discover your writing voice and convey your ideas effectively. You'll learn how to bring your story to life with an engaging plot, character development, action, and dialogue. Additionally, you'll explore the technical aspects of crafting a short story, including structure, key character moments, and story progression. You'll also learn what to do with your completed short story, including editing, proofreading, and publishing options. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark
[12481](#) M 10/6 4–6 p.m. Remote

Be a Better Writer: 10 Easy Tips to Improve Your Writing NOW

We write everyday: emails, social media posts, work projects, and even non-fiction or creative writing. Improving is just a matter of knowing some simple tricks to make your writing more impactful and readable (which may even help you receive a promotion at work or get noticed by a publisher!). In this hands-on session, we'll go through many writing/editing examples and exercises so you can see in real time how to make sentences flow properly while still maintaining reader interest. You'll also leave with a workbook full of writing tips and tricks, which is included in the class fee. The webinar login information will be emailed the day before class.

Fee: \$45 LeeAnne Krusemark
[12483](#) M 10/6 6–9 p.m. Remote

Ten Practical Tips to Writing Powerful Dialogue

Writing believable, relatable dialogue is an art form. Fortunately, there are tried-and-true techniques to help you improve the dialogue in your novel or script. In this fast-paced session, you'll learn how to turn ordinary words into compelling dialogue, use clean dialogue tags, differentiate character voices, use dialogue instead of narrative/voiceover, avoid dialogue dumps, and be real but not boring. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$25 LeeAnne Krusemark
[12485](#) T 10/7 4–5 p.m. Remote

Beginners Guide to Using Free ChatGPT (AI) for Writers

ChatGPT (AI) is here to stay and is the future for writers and content creators. Don't be left behind! In this beginner-friendly course, you'll learn how to use this cutting-edge technology to gain ideas and inspiration. We'll teach you how to register for a free ChatGPT account; input effective writing prompts to avoid nonsense responses; build creative content for everything from stories to marketing copy; understand ethical/legal considerations; and determine its capabilities and limitations. There's no doubt ChatGPT and similar AI systems will force the job market to evolve. It's crucial for everyone to adapt, learn new skills, and be open to working in collaboration with AI—so start building your expertise in the world of ChatGPT now! The webinar login information will be emailed the day before class. No prior AI experience required.

Fee: \$35 LeeAnne Krusemark
[12486](#) T 10/7 5–7 p.m. Remote

Explore the World as a Travel Writer

If you love to travel and write, this class is for you! We'll explore how to use all your senses in a new destination to create detailed, engaging descriptions that capture readers' interest. We'll also discuss whether to include photos with your work, how to find and submit your writing to print and online markets, and the business side of travel writing, including how to take travel tax deductions. Plus, you'll learn how to avoid worn-out travel writing clichés. Informative handouts for future reference are included in the class fee. Webinar login details will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark
[12488](#) W 10/8 4–6 p.m. Remote

Beginner's Guide to Starting a Free Blog

Online blogging is a great way to get the word out about you, your service, your product, or any other information you'd like to share! You will learn step-by-step how to: start a FREE blog with WordPress, choose a blog template, emphasize your blog content with a creative name, use your unique voice to share your expertise, and connect your domain/website. You will also learn how to earn an income with your blog (including linking to other websites and advertising) and how to increase your internet ranking. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark
[12489](#) W 10/8 6–8 p.m. Remote



Meet LeeAnne: LeeAnne is an author, speaker, business owner, Chamber of Commerce Past President, and guest instructor at more than 200 colleges and other institutions from Maine to Hawaii, as well as an adjunct online professor of publishing through Ed2Go at more than 2,000 facilities worldwide, including Harvard.

Comedy Writing: How to Be Funny on Paper and Stage

Whether you need to make a dull work presentation more lively, mix laughter with learning in the classroom, ultimately want to write for print/production, or perform your own stand up routine, this fast-paced session will show you how to apply humor to all aspects of your life. You will learn the anatomy of a joke, how to use your powers of observation to sharpen your wit, write different types of jokes, and use humor to entertain and influence people. Informative handouts for future use are included in the class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark
[12491](#) Th 10/9 4–6 p.m. Remote

How to Outline and Write an Irresistible Romance

Romance is the #1 selling fiction genre. Whether you're a new or experienced writer, this comprehensive session will help you sharpen your skills with practical step-by-step advice. You'll explore different romance sub-genres, understand the proven romance formula, and learn how to create a unique setting, introduce your protagonist, build tension, and write relatable dialogue and intimate scenes. Publishing options will also be discussed. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark
[12492](#) Th 10/9 6–8 p.m. Remote

Creative Writing 101: A Beginner's Guide

You don't need a degree in creative writing to be an exceptional writer and get paid for it! Anyone with a passion for writing can learn and develop their fiction and non-fiction writing skills. Whether you're drawing from your own life experience, creating new worlds, or sharing important information, this class will introduce you to different forms of creative writing. You'll learn the top 10 creative writing tips for beginners, how to brainstorm new ideas, bring your words to life with engaging descriptions, develop your own unique writing style, and discover ways to get paid for your work. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark
[12494](#) F 10/10 4–6 p.m. Remote



Write Your First Novel in 90 Days

This intensive course provides a step-by-step schedule to help you craft your novel from start to finish—with the possibility of completing it in as little as 90 days! You'll learn how to stay motivated throughout the process, choose your novel's genre, develop a compelling premise, create multidimensional characters, build immersive settings, and craft a detailed plot outline. You'll also discover how to manage your time to maintain consistent writing, overcome obstacles like writer's block, master self-editing, refine your plot, and improve pacing, dialogue, and characterization. We'll explore publishing options and offer opportunities for constructive feedback. By the end of the course, you'll have the tools to complete your novel and the confidence to move forward with the publishing process. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$45 LeeAnne Krusemark
[12495](#) F 10/10 6–9 p.m. Remote

Beginning Writer's Workshop

If you have a story that needs to be written, an online writing workshop is a great place to start. This course will help improve your writing skills and discover new ways to stretch your creative muscles.

Fee: \$146
[12474](#) 10/15–12/5 24 Hours Online
[12475](#) 11/12–1/2 24 Hours Online
[12478](#) 12/17–2/6 24 Hours Online

Grammar Refresher

Level up your grammar, speaking, and writing skills! In this course, we'll review the eight parts of speech, punctuation and mechanics, and foundational sentence construction. We'll also discuss phrases, clauses, problem words, common grammar mistakes, and much more using practical, hands-on exercises, short videos, and even fun games.

Fee: \$130
[12518](#) 10/15–12/5 24 Hours Online
[12519](#) 11/12–1/2 24 Hours Online
[12520](#) 12/17–2/6 24 Hours Online

The Craft of Magazine Writing

Learn the skills and insights you will need to jump-start your career as a magazine writer. This course will teach you how to get your work published and turn your writing skills into an easy source of extra income.

Fee: \$144
[12604](#) 10/15–12/5 24 Hours Online
[12605](#) 11/12–1/2 24 Hours Online
[12606](#) 12/17–2/6 24 Hours Online

Write Fiction Like A Pro

Learn how to use story outlines like a professional writer with the help of lessons developed by a published author. This course will show you how to apply narrative structure to lend your fiction writing the maximum dramatic effect.

Fee: \$129

# 12610	10/15–12/5	24 Hours	Online
# 12611	11/12–1/2	24 Hours	Online
# 12612	12/17–2/6	24 Hours	Online

Writing Essentials

Master the essentials of writing so you can excel at business communications, engage online audiences, and take your creative literary talents to a new level. This course provides you with the writing tools you need for success.

Fee: \$144

# 12613	10/15–12/5	24 Hours	Online
# 12614	11/12–1/2	24 Hours	Online
# 12615	12/17–2/6	24 Hours	Online

Writing for Children

Create stories that touch the hearts of children with the help of a published children’s author. This course provides you with an essential overview of planning, researching, writing, and marketing children’s books that engage audiences and sell to publishers.

Fee: \$130

# 12616	10/15–12/5	24 Hours	Online
# 12617	11/12–1/2	24 Hours	Online
# 12618	12/17–2/6	24 Hours	Online

» ABOUT COMMUNITY ENRICHMENT

The Community Enrichment Center provides a variety of in-person and online enrichment classes for the community in the areas of art, crafts and hobbies, culinary, dance, health and wellness, home and garden, languages, music, personal finance, photography, writing, and more.

For additional in-person, remote, and online class offerings, please visit www.mchenry.edu/personaldevelopment.

Refund Policy: A class registration canceled by a participant or employer at least one business day in advance is subject to a full refund (or the tuition may be applied to enrollment in another class). No refund will be issued for classes dropped on or after the class start date. To withdraw your registration, please contact (815) 455-8593.

Catalyst Campus at McHenry County College
222 East Church Street, Woodstock, IL 60098
personaldevelopment@mchenry.edu
(815) 455-8758

SPRING 2026 BEEKEEPING CLASSES



Beekeeping 101 | Fee: \$75

# 12873	W	2/4–2/25	6:30–9 p.m.	Catalyst Campus
# 12874	W	2/4–2/25	6:30–9 p.m.	Remote

Beekeeping: Seven Ways to Raise a Queen | Fee: \$25

# 12889	W	3/4	6:30–9 p.m.	Catalyst Campus
# 12890	W	3/4	6:30–9 p.m.	Remote

Beekeeping: Comb Honey | Fee: \$25

# 12891	W	3/11	6:30–9 p.m.	Catalyst Campus
# 12892	W	3/11	6:30–9 p.m.	Remote

Beekeeping: Varroa Mite | Fee: \$25

# 12893	W	4/8	6:30–9 p.m.	Catalyst Campus
# 12894	W	4/8	6:30–9 p.m.	Remote

Beekeeping: Field Study | Fee: \$59

# 12906	Sa	4/11, 4/18	10 a.m.–Noon	Main Campus
# 12907	Sa	4/11, 4/18	1–3 p.m.	Main Campus



**GRIFFIN MUSEUM
OF SCIENCE+INDUSTRY @**

**McHenry
County College**

ABOUT THE MSI MAKERSPACE

In partnership with the Griffin Museum of Science and Industry, McHenry County College has created the MSI Makerspace in the newly opened MCC Foglia Center for Advanced Technology and Innovation. The MSI Makerspace provides an opportunity for community members and groups to explore 3D printing, laser and vinyl cutting, digital embroidery, and more.

YOUNG MAKERS CAMPS

The MCC Kids and College Program, in partnership with MSI, offers camps throughout the year for students in grades 4 and up to learn about these exciting technologies and to complete a variety of projects to showcase their new knowledge and talents.

MSI MAKERSPACE COMMUNITY INTEREST

Local groups, schools, and other community members interested in using the space should contact community@mchenry.edu or (815) 455-8593 for more information.

» KIDS AND COLLEGE FALL 2025



The MCC Kids and College Program has partnered with the Griffin Museum of Science and Industry to host a series of Young Makers Camps in the MSI Makers Space, located within the newly opened MCC Foglia Center for Advanced Technology and Innovation.



The Casting Dreams Program is a nationwide initiative by the Steel Foundry Society of America that introduces school-age students to the casting design and production process. Through local, regional, and national competitions, students are engaged in creating unique metal-cast objects.

ABOUT KIDS AND COLLEGE

The Kids and College Program offers a variety of year-round, hands-on programming for elementary, middle, and high school students. Students are immersed in career exploration across various fields, including culinary arts, science, technology, engineering, art, and manufacturing. The program strives to inspire new ideas and enhance students' skills, fostering a deeper knowledge and enthusiasm for learning.

FALL 2025

Badge Sewing for Scouts, Grades 3-12

Join us to learn the basics of machine sewing and how to attach merit badges to your uniform. This is a beginner-level class, so no prior experience is required. All necessary supplies and sewing machines will be provided. The class will be held at the Catalyst Campus in Woodstock.

Available dates are October 1, November 19, and December 10, from 6 to 8 p.m. Limited seats are available. For more information or to register your scout group, please email kidsandcollege@mchenry.edu.



Tales for the Haunted Stage: Theatre Camp, Grades 5-8

Join the team from the Vocal Academy of Crystal Lake for a six-week Halloween-themed theatre camp. Dive into intriguing and spooky scenarios while engaging in suspenseful storytelling. The camp will culminate with a final showcase on the last day from 6:30 to 7:30 p.m. This camp is perfect for students looking to level up their performance skills. Limited spots are available.

Fee: \$250

The Vocal Academy

[12794](#)

W

9/24–10/29

5:30–7 p.m.

Main Campus

Casting Dreams Competition, Grades 2-12

Casting Dreams is a hands-on, creative competition where participants carve their dream design into a scratch mold and then cast it in real metal. Each participant will receive a scratch mold—either a 4x4-inch rectangle or a 2½-inch diameter circle—and carving tools to create their unique design. Participants are encouraged to bring a sketch of their design. Once created, your design will be cast in metal. Each creation will be judged, and the top three designs will receive a gift card valued up to \$150. The winners will also advance to the 2026 National Competition in Grand Rapids, Michigan, in April 2026. The competition is hosted by the Steel Founders' Society of America in Crystal Lake, in partnership with the Kids and College Program at McHenry County College. All supplies are included. Additional information will be emailed to registered students before the event.

Fee: \$10

[12797](#)

Sa

10/4

9 a.m.–1 p.m.

Main Campus

For information about the Kids and College Program at McHenry County College, contact the Community Enrichment Center at (815) 455-8758 or kidsandcollege@mchenry.edu. Learn more online at www.mchenry.edu/kidsandcollege.

Magical Potions: All Hallows Eve, Grades 1-8

Welcome to Potions Class, where turning anyone into a frog is strictly forbidden! (We won't make that mistake again—at least not in class.) With All Hallows Eve just weeks away, get ready to be slimed, folded, kneaded, and bottled—not necessarily in that order. Wands are encouraged! Students will engage in imaginative play by creating their own spooky magic potions using various natural ingredients, blending elements of fantasy and science to craft mysterious mixtures.

Fee: \$45 Ann Leslie
[12775](#) Sa 10/11 9 a.m.–Noon Main Campus

Young Makers Camp, Grades 4-8

Explore 3D printing, laser and vinyl cutting, digital embroidery, and more at the Griffin Museum of Science and Industry Makers Space at MCC. New students will learn the essential skills needed to earn their first belt by completing a series of engaging projects. Returning students can build upon their existing knowledge and continue their journey towards their next belt.

Fee: \$75
[12104](#) Sa 10/11 9 a.m.–4 p.m. Main Campus
[12105](#) Sa 11/8 9 a.m.–4 p.m. Main Campus
[12106](#) Sa 12/13 9 a.m.–4 p.m. Main Campus

Mad Science of Halloween, Grades 1-8

Watch science at work as you engage in Halloween-themed science experiments! We'll create homemade blood and carve a pumpkin that makes goo from its eyes, nose, and mouth. And you can't have Halloween without fog made by dry ice! A parent/guardian is required for students in grades 1-5. Parents/guardians are welcome to join their students in grades 6-9.

Fee: \$45 David Collins
[12108](#) Sa 10/25 9 a.m.–Noon Main Campus



Science of the Rubik's Cube, Grades 4-8

Learn the science of solving Rubik's Cubes. This hands-on, interactive class will teach you the basics of solving the Cube. A Rubik's Cube will be provided to use during class, but students are also welcome to bring their own.

Fee: \$45 David Collins
[12109](#) Sa 11/22 9 a.m.–Noon Main Campus

Ribbon Candy Holiday Tree Ornaments, Grades 3-12

Join us for a fun day learning basic sewing skills while creating adorable holiday ribbon candy ornaments—perfect for your tree or as a gift! This beginner-level course requires no prior experience. All supplies are included, and sewing machines will be provided.

Fee: \$60 Brit Conley
[12734](#) Sa 12/6 9:30 a.m.–12:30 p.m. Catalyst Campus

Magical Potions: Yuletide at the Great Hall, Grades 1-8

Oh, the holidays—turning classmates into Yetis or freezing them into statues until the spring thaw! (Due to someone's difficulty reversing these spells, that lesson will be reserved for 5th-year students only.) For now, we'll focus strictly on creating various slimy, doughy, and mysterious potions. Robes and wands are encouraged!

Fee: \$45 Ann Leslie
[12776](#) Sa 12/6 9 a.m.–Noon Main Campus

Homemade Christmas Pot Holders, Grades 3-12

Join us for a fun day learning basic sewing skills while creating adorable homemade holiday pot holders—perfect for your kitchen or as a gift! This beginner-level course requires no prior experience. All supplies are included, and sewing machines will be provided.

Fee: \$60 Brit Conley
[12735](#) Sa 12/13 9:30 a.m.–12:30 p.m. Catalyst Campus

Electronic Circuits with Micro:bits, Grades 5-8

Students will learn how electronic circuits are created and how we can supplement that with programmed microcontrollers to create various devices for everyday use. In addition to using a virtual environment (Tinkercad) we will also use MicroBit kits to recreate some of the projects in the real world.

Fee: \$50 David Collins
[12110](#) Sa 12/13 9 a.m.–1 p.m. Main Campus



» CAREER SPARK CENTER

The following classes are offered through in-person, remote (Zoom), or online instruction. Registered participants will receive location or access information by email within 24-hours before a class begins. For updated class offerings, refund policy, or to register, visit www.mchenry.edu/careerspark or call (815) 479-7879.

CONSTRUCTION AND SAFETY

Flagger Certification

The National Safety Council (NSC) Work Zone Flagger Program incorporates classroom instruction, hands-on training and a flagging skills test to teach roadway personnel how to minimize confusion with standard flagging procedures and provide safe passage of traffic through and around Temporary Traffic Control Work Zones. This four-hour NSC Certification program meets federal industry guidelines and includes a manual on Uniform Traffic Control Devices. This certificate is valid for three years. Participants must be 18 years or older to enroll.

Fee: \$150

Philip Senn

# 12637	F	10/10	8 a.m.–Noon	Catalyst Campus
# 12638	F	11/7	8 a.m.–Noon	Catalyst Campus

Forklift Operator Training

This hands-on class will focus on both the didactic and practical training following OSHA guidelines for the Powered Industrial Trucks Standard. In the classroom we will discuss the various types of trucks, their controls, steering and maneuvering, capacities, load stabilities, pre-use inspection safety checklists, and any other safe operating instruction. Once didactic instruction is complete, there will be an operator performance evaluation on completion of the safety pre-check, mounting the vehicle, expressing knowledge of each control, and showing ability to safely operate the vehicle through a required task course. Attendees will be provided a Certificate of Completion. Participants must be 18 years or older to enroll.

Fee: \$195

Robert Bower

# 12664	F	10/10	8 a.m.–4:30 p.m.	Main Campus
# 12665	F	11/7	8 a.m.–4:30 p.m.	Main Campus

FOOD SERVICE SANITATION

ServSafe® Food Protection Manager Certification

All food service operations that prepare and serve food are required to have a certified food safety manager on the premises whenever food is being handled. This course covers all critical principles, including personal hygiene, cross-contamination, time and temperature control, receiving and storage, food safety management systems, training, cleaning, and sanitizing. This 8-hour ServSafe course and exam (offered by an ANSI-CFPM accredited provider) meets Illinois Department of Public Health requirements. Certification is valid for five years.

Fee: \$189

Mark Halverson

# 12685	M	10/13	8 a.m.–5 p.m.	Catalyst Campus
# 12687	T	12/9	8 a.m.–5 p.m.	Catalyst Campus

ServSafe® Food Protection Manager Certification (Spanish)

All food service operations that prepare and serve food are required to have a certified food safety manager on the premises whenever food is being handled. This course covers all critical principles, including personal hygiene, cross-contamination, time and temperature control, receiving and storage, food safety management systems, training, cleaning, and sanitizing. This 8-hour ServSafe course and exam (offered by an ANSI-CFPM accredited provider) meets Illinois Department of Public Health requirements. Certification is valid for five years.

Fee: \$189

Mark Halverson

# 12686	M	11/10	8 a.m.–5 p.m.	Catalyst Campus
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Meet Kendra Lucas, Instructor for Sterile Processing Technician: With over 15 years of experience in Sterile Processing and surgical services, Kendra Lucas has built a career dedicated to patient safety, quality improvement, and professional development. She currently serves as the Sterile Processing Manager at OSF Health Care, where she leads department operations, fosters collaboration with surgical teams, and drives continuous improvement initiatives.

PROFESSIONAL HEALTHCARE

EKG Technician

Prepare to become a Certified EKG Technician (CET)! In this course, you'll study both basic and advanced EKG concepts, including cardiac anatomy and physiology, proper lead placement for 5- and 12-lead EKGs, technical aspects of the EKG machine, how to calculate heart rate, and how to interpret rhythm strips. You'll also learn advanced techniques for working with 12-lead EKG machines, patient preparation for EKG monitoring, and how to troubleshoot EKG artifacts. This training will equip you to assist physicians in diagnosing myocardial infarction, cardiac arrhythmias, and heart rhythm irregularities. EKG machines are used in physicians' offices, hospitals, clinics, and other healthcare facilities. After successful completion of the course, you'll be prepared to take the National Healthcareers Association (NHA) Certified EKG Technician (CET) exam.

Fee: \$999 Kristin Lynam
[12436](#) Th 10/16–12/11 9 a.m.–1 p.m. Main Campus

NEW! Sterile Processing Technician Training

Learn to clean, sterilize, assemble, and distribute surgical instruments and medical equipment used in hospitals and surgical centers. Aligned with the standards of the Healthcare Sterile Processing Association (HSPA), this program prepares students for the Certified Registered Central Service Technician (CRCST) exam. Students receive a provisional license until they complete the 400-hour clinical. Clinical schedules are determined by the student and preceptor; completion times may vary. Students will gain practical knowledge in microbiology, infection control, sterilization techniques, surgical instrumentation, and inventory management. The course combines classroom instruction with clinical lab experiences to ensure students are job-ready and qualified for entry-level positions in sterile processing departments.

Fee: \$1,999 Kendra Lucas
[12517](#) TTh 10/14–12/9 5–7 p.m. Main Campus

Phlebotomy Technician

Phlebotomists draw blood for tests, transfusions, research, or blood donations. As a certified phlebotomist, you can work in a variety of healthcare settings and perform critical work in the healthcare field. MCC's certification program consists of 60 classroom and lab hours in which you'll be required to complete a minimum of 30 venipunctures and 10 capillary sticks (must be able to find volunteers—friends, family, etc.). After successful completion of the course, you'll be prepared to take the National Healthcareers Association (NHA) Certified Phlebotomy Technician (CPT) exam. Must be at least 18 years old to enroll. This course requires medical forms. Students must be able to show proof of health insurance.

Fee: \$1,999 Elizabeth Melendez
[12329](#) MW 11/3–1/21 5–8 p.m. Main Campus

NEW! Stop the Bleed Certificate

Learn how to recognize and respond to life-threatening bleeding using simple, proven techniques like applying pressure, packing wounds, and using a tourniquet. This hands-on class gives you the skills and confidence to act quickly in an emergency—no medical experience needed.

Fee: \$49 Michelle Krysiak
[12751](#) T 10/14 4:30–5:30 p.m. Catalyst Campus

BLS Healthcare Provider CPR

This course meets the American Heart Association (AHA) requirements for recognition as a Basic Life Support Rescuer. It is intended for those entering or currently working in healthcare settings. After successfully completing this course, you'll receive a certification in BLS CPR. Cost of the book and materials are included in the course fee. 4.0 contact hours will be issued.

Fee: \$75 Michelle Krysiak
[12750](#) T 10/14 6–10 p.m. Catalyst Campus
[12752](#) T 11/18 2:30–6:30 p.m. Catalyst Campus

Heartsaver® First Aid CPR/AED/BBP

Learn critical first-aid, CPR, and AED skills to manage emergencies like choking, bleeding, broken bones, and cardiac arrest until EMS arrives. This course also covers bloodborne pathogens (BBP) to help protect against exposure to blood. Ideal for those with limited or no medical training, it meets OSHA requirements and provides an American Heart Association completion card for job or regulatory purposes.

Fee: \$125 Michelle Krysiak
[12753](#) T 11/18 8 a.m.–2 p.m. Catalyst Campus



TRANSPORTATION

160-Hr Commercial Drivers License (CDL)

Offered in partnership with Eagle Training Services in Crystal Lake, IL, this comprehensive hands-on training prepares students to take the Secretary of State Class A CDL test. Training includes driving on city, county, and federal highways, using the same equipment required for the test. To register, students must be at least 18 years old, able to read and write in English, and hold a valid driver's license. The course consists of 40 hours of classroom instruction and 120 hours of yard and road skills training. Classes are held monthly. To schedule your start date, please contact careerspark@mchenry.edu. The CDL training is Monday - Friday, 7:30 a.m. to 4 p.m.

Fee: \$5,400

Eagle Training Services, Inc.

[11676](tel:81546211676)

M-F

7:30 a.m.-4 p.m.

240-Hr Commercial Drivers License (CDL)

Offered in partnership with Eagle Training Services in Crystal Lake, IL, this comprehensive hands-on training prepares students to take the Secretary of State Class A CDL test. Training includes driving on city, county, and federal highways, practicing behind the wheel with the same equipment required for the test. This course also includes hazmat certification and extended drive time. To register, students must be at least 18 years old, able to read and write in English, and hold a valid driver's license. The course consists of 40 hours of classroom instruction and 200 hours of yard and road skills training. Classes are held monthly. To schedule your start date, please contact careerspark@mchenry.edu. Training sessions run Monday - Friday, 7:30 a.m. to 4 p.m.

Fee: \$6,400

Eagle Training Services, Inc.

[11677](tel:81546211677)

M-F

7:30 a.m.-4 p.m.

» ABOUT CAREER SPARK CENTER

Our training and professional education programs are designed to quickly launch or advance your career. We offer programs in high-demand fields like healthcare, real estate, home inspection, veterinary assistant, and transportation and logistics that will have you work-ready in no time.

To learn more, contact the Career Spark Center at careerspark@mchenry.edu, or visit us in room A250 of Building A on the MCC Main Campus.



Scan QR code
to learn more.

The PATH program, funded through an Illinois Community College Board grant, aims to expand opportunities for individuals in nursing and select healthcare pathways by helping them earn certificates and degrees that allow them to enter and/or advance their careers in the healthcare industry.

Students receive support, including compensation, to help cover basic costs while receiving the training.

Career Spark programs include EKG Technician, Medical Assistant, Pharmacy Technician, Phlebotomy Technician, and Sterile Processing.



NEW!

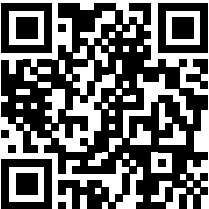
PROFESSIONAL AERONAUTICS CERTIFICATION (PAC)

Fast-Track Airline Pathway Program

- Private pilot, instrument rating, commercial pilot, and (optional) flight instructor courses
- Duration: 16 months, 15–20 hours/week
- Estimated cost: \$82,332 (less time and cost if student has prior training)
- SIGN UP for email updates and invitations to upcoming webinars and events <https://forms.gle/kkR4VjVpiJDfwR1z5>

Classes start Spring 2026

Scan QR Code or visit www.flywithjb.com/pac for more information.





JOIN US FOR THE GREEN LIVING EXPO!

Saturday, November 1 | 10 a.m.–3 p.m.
FREE Admission
McHenry County College, Crystal Lake, IL



NEW THIS YEAR!
FREE Repair Fair—
connect with local
experts who specialize
in repairing and reusing
everyday items.

- 2,500-gallon fish tank with native fish from the Chain of Lakes
- Sustainable shopping and home improvement vendors
- Special guest exhibitor: Griffin Museum of Science and Industry
- Tours of MCC's Student Farm and new buildings
- Some vendor spots still available—scan the QR code below to register.



For more information, call (815) 479-7765 or email sustainability@mchenry.edu.
www.mchenry.edu/greenexpo



FALL 2025

MCC JOB & INTERNSHIP FAIR

SPONSORED BY CAREER SERVICES | IN PARTNERSHIP WITH THE MCHENRY COUNTY WORKFORCE NETWORK

Wednesday, October 1 | 11 a.m.–1:30 p.m. | MCC Gym

Free for students, alumni, and community members. Connect with nearly 100 local employers seeking interns, temporary workers, and part- and full-time employees.

Dress to impress, have your resume in hand, and bring a positive attitude! Whether you're new to the job search arena or seeking a career change or advanced position, this event has something for everyone!

Details at www.mchenry.edu/jobfair



Questions?

Contact Career Services at careers@mchenry.edu or (815) 455-8566.

Communication devices (UbiDuo 2) will be available for Deaf or hard-of-hearing individuals.

Contact Access and Disability Services at (815) 455-8766 at least three days in advance to request a sign language interpreter or other accommodations.

GET THE SUPPORT YOU NEED TO SUCCEED

ACHIEVE YOUR GOALS AT MCHENRY COUNTY COLLEGE

Interested in earning a degree or certificate but not sure where to begin?
MCC's **New Student Enrollment Coaches** are here to guide you every step of the way!

We can help with:

- MCC college application (including fee waivers)
- Exploring programs, degrees, and courses
- Campus Tours
- Resources for undocumented students

Hours:

Monday–Thursday: 8 a.m.–6 p.m.

Friday: 8 a.m.–4:30 p.m.

Make an appointment today by calling (815) 479-7732!

MCC OFFERS ADDITIONAL SUPPORT THROUGH:

Career Services

Create a career plan and reach your professional goals with resources including:

- Resume writing assistance
- Interview preparation
- 1:1 career counseling

www.mchenry.edu/careerservices

Adult Education

Expand your opportunities with programs such as:

- ESL (English as a Second Language) courses
- High School Equivalency (GED) preparation
- Citizenship classes

www.mchenry.edu/adulteducation



LEARN MORE ABOUT MCHENRY COUNTY COLLEGE:

Visit www.mchenry.edu or call (815) 455-3700.

McHenry County College
IMPACT
Course Catalog from the Talent Impact Center

Q4
October-December
2025

In this Issue...

Stop the Bleed Certification	OSHA Record Keeping	Quarterly Planning and Productivity for Nonprofits

LEADING IN TIMES OF UNCERTAINTY—PRACTICAL TOOLS FOR TEAM LEADS

McHenry County College
Talent Impact Center

www.mchenry.edu/talentimpact

Ongoing learning is essential as roles change and evolve faster than ever before.

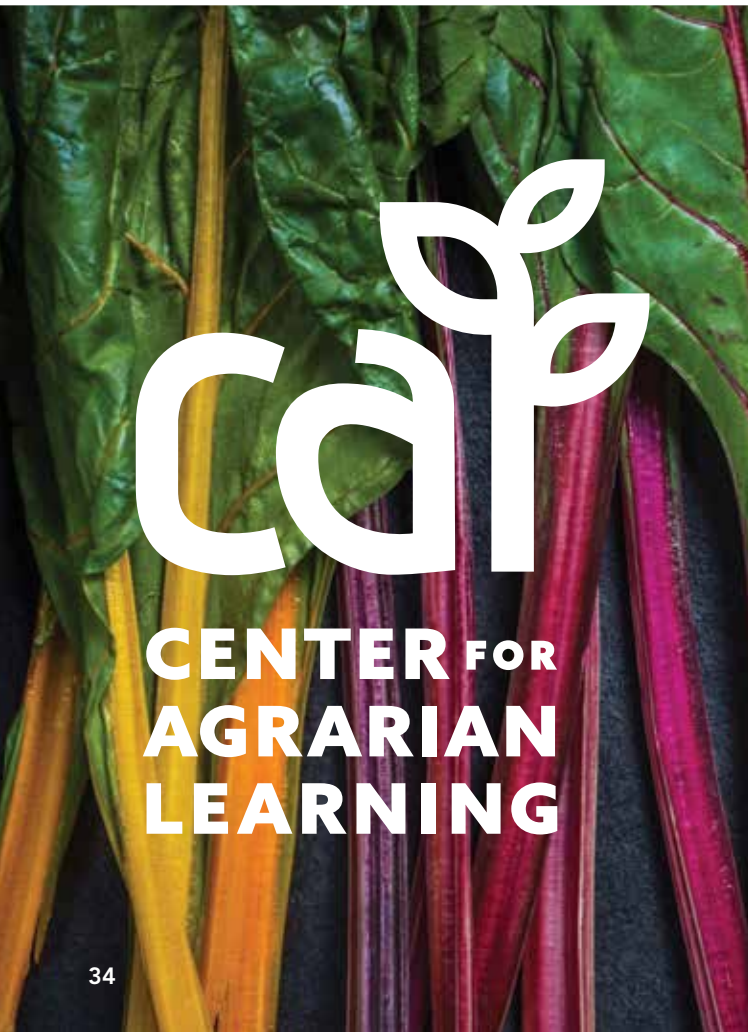
- LEADERSHIP AND TALENT MANAGEMENT
- WORKPLACE SKILLS
- TECHNOLOGY CLASSES
- MANUFACTURING AND INDUSTRY
- HEALTHCARE, SAFETY, AND WELLNESS
- ILLINOIS SMALL BUSINESS DEVELOPMENT CENTER

In-person and online options available. New classes start every quarter.



Scan QR Code to learn more.

Catalyst Campus
222 East Church Street, Woodstock, IL 60098
(815) 455-8593 | talentimpact@mchenry.edu



caaf

CENTER FOR AGRARIAN LEARNING

The Center for Agrarian Learning at MCC offers community workshops and seminars to help keep your farm sustainable, productive, and profitable.

Homesteading Classes with Community Enrichment

Locate this icon for homesteading classes.

- Raising Backyard Chickens
- Holiday Wreath Making
- Small Engine Repair



www.mchenry.edu/cal
Follow us on Instagram @growingatmcc

Receive our monthly e-news by emailing sdoyel@mchenry.edu

University Center

at McHenry County College

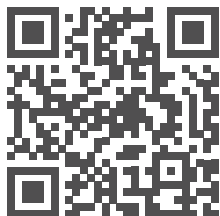
Earn a bachelor's or advanced degree close to home
(in downtown Woodstock) from one of our educational partners:



Northern Illinois
University



Southern Illinois University
CARBONDALE



Scan the QR code to receive more information about
the University Center at MCC.

Contact us at any time at: ucenter@mchenry.edu or (815) 479-7600

Visit our website: www.mchenry.edu/ucenter

Visit us: 222 East Church Street Woodstock, IL 60098

Bachelor's and advanced
degree programs within reach.

Live Here. Learn Here.



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Visit www.mchenry.edu/nondiscrimination for more information.



MCC KIDS AND COLLEGE PROGRAM

Quality, affordable programming for students in grades 1–12

Kids and College Program offers a variety of year-round, hands-on career exploration classes in science, technology, culinary, writing, art, and manufacturing.



Fall Program 2025

September–December

Select Saturdays

Registration is now open.



Save the Date 2026

Spring Break: March 23–25

Summer: June 1–August 7



To explore classes and to register, visit
www.mchenry.edu/kidsandcollege

Explore Fall 2025 Classes

Pages: 26–27